

**MISSOURI USATF 50 KM (31.0685 MILES) RECORDS**

FEMALE OPEN (Sub 5:00:00)

3:34:42*	Ibbetson	Sara	40	Ozark MO	2021	Frisco
3:43:47	Smith	Sadie	44	Kirkwood MO	2023	Frisco
3:50:02	Nielsen	Christy	37	Omaha NE	2012	Northface
3:57:52	Melchior	Jacqueline	42	Olathe KS	2012	Northface
3:59:55	Mutz	Jenna	37	Joplin MO	2017	36 Hours
4:07:29	Melchior	Jacqueline	41	Olathe KS	2011	Northface
4:07:38	Drouant	Alicia	35	StL MO	2012	Northface
4:09:13	Lowrance	Becky	55	Branson MO	2013	Frisco
4:10:42	Lowrance	Becky	54	Branson MO	2012	Frisco
4:11:54	Lowrance	Becky	53	Branson MO	2011	Frisco
4:15:23	Kazmaier	Emily	36	Liberty MO	2012	Northface
4:17:09	Imgarten	Christi	27	Columbia MO	2012	Northface
4:18:12a	Lowrance	Becky	52	Branson MO	2010	Frisco
4:19:03	Johnson	Kathleen	47	Lenexa KS	2003	LBT
4:21:00	Waterman	Sarah	24	Springfield MO	2019	Frisco
4:21:42	Muntz	Jenna	37	Joplin MO	2018	Sizzling6
4:24:56	Xiong	Marsha	21	KC MO	2011	Northface
4:27:39	Brady	Katie	35	Kirkwood MO	2023	Frisco
4:27:42	Bergin-Childers	Sparkle	40	Ballwin MO	2012	Northface
4:28:13	Munsterman	Kim	31	KC MO	2011	Northface
4:29:34	Buchheit	Jenny	25	Springfield MO	2005	LBT
4:29:45	Dickson	Jennifer	32	Chillicothe MO	2018	36 Hours
4:31:28	Euler	Laurie	29	Conifer CO	2011	LBT
4:31:40	Biber	Rachel	28	Nashville TN	2008	LBT
4:32:06	Cameron	Tiffany	41	Smithville MO	2005	LBT
4:32:16	Kumlien	Ashley	28	Brookfield WI	2012	Northface
4:34:45	Schupp	Barbara	45	Lee'sSummit MO	2001	LBT
4:35:09	McHaffie	Lisa	47	Springfield MO	2016	Frisco
4:36:27	Schwarz	Haley	32	Columbia MO	2012	Northface
4:36:31	Jackson	Jacqueline	39	LS MO	2007	LBT
4:36:46	Flory	Ariela	31	Eastview KY	2017	36 Hours
4:36:49	Mellon	Erin	29	Hull IL	2012	Northface
4:37:12	Toliver	Amanda	39	Ozark MO	2021	Frisco
4:37:31	Jackson	Jacqueline	38	LS MO	2006	LBT
4:38:27	Elliott	Michelle	42	Centerview MO	2012	Northface
4:38:32	McKinnis	Karen	55	Fair Grove MO	2018	Frisco
4:38:41	Crowder	Tricia	42	KC MO	2012	Northface
4:41:05	Merritt	Jamie	34	Wentzville MO	2022	Frisco
4:42:43	Schweitzer	Isabelle	58	Ithaca NY	2012	Frisco
4:42:43	Hinkle	Jacqueline	37	OP KS	2012	Northface
4:43:08	Jennings	Wendy	46	PV KS	2012	Northface
4:43:09	French	Kelly	43	Medford OR	2012	Northface
4:44:36	Buckholz	Laura	27	NY	2011	Northface
4:45:53	Schlegel	Michele	51	Festus MO	2022	Frisco
4:46:12	McKinnis	Karen	53	Fair Grove MO	2016	Frisco
4:46:41	Iranda	Laura	24	StL MO	2012	Frisco
4:47:12	Zimmerman	Natalie	31	Quincy IL	2021	Frisco
4:47:15	Calcagnino	Denise	50	Syracuse NY	2018	Frisco
4:47:20	Habermehl	Angela	27	Warrensburg MO	2012	Northface
4:47:51	Frike	Carol	42	BlueSprings MO	2012	Northface
4:50:16	Giese	Sheri	39	Weston MO	2012	Northface
4:51:59	Acree	Heather	34	Independnce MO	2012	Northface
4:52:09	Martinez	Melissa	41	Crocker MO	2012	Northface
4:52:12	Haden	Abbie	31	Fair Play MO	2014	Frisco

4:52:14	Bethay	Kristine	40	KC MO	2011	Northface
4:53:27	Frey	Rona	24	Olathe KS	2012	Northface
4:54:51	Henderson	Judith	47	Denver CO	2004	LBT
4:55:11	Jackson	Jacque	41	LS MO	2009	LBT
4:55:37	Glackin	Alisha	30	Clayton MO	2011	Frisco
4:56:02	Mohrmann	Rae	54	St Louis MO	2002	LBT
4:56:11	Hixon	Tracy	47	Chicago IL	2011	Northface
4:56:57	Hunter	Ally	29	Springdale AR	2016	Frisco
4:56:57	Reinbold	Claire	40	Kirkwood MO	2019	Frisco
4:57:46	Klover	Sherry	44	BonnerSprngsKS	2011	Northface
4:57:55	Gardner	Alex	46	LS MO	2013	LBT
4:58:17	Bailey	Jennie	34	Claremore OK	2014	Frisco
4:58:52	Stodgel	Kristine	55	Boonville MO	2023	Frisco
4:58:53	Ochoa	Miki	31	Leawood KS	1999	LBT
4:58:59	Tobaben	Melissa	35	Olathe KS	2012	Northface
4:59:04	Boyd	Kelli	27	Omaha NE	2005	LBT

FEMALE 13-15

8:13:10*	Haupt	Mackenzie	15	Hallsville MO	2021	Frisco
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FEMALE 35-39 (Sub 5:40:00)

3:50:02	Nielsen	Christy	37	Omaha NE	2012	Northface
3:59:55*	Mutz	Jenna	37	Joplin MO	2017	36 Hours
4:07:38	Drouant	Alicia	35	StL MO	2012	Northface
4:15:23	Kazmaier	Emily	36	Liberty MO	2012	Northface
4:21:42	Muntz	Jenna	37	Joplin MO	2018	Sizzling6
4:27:39	Brady	Katie	35	Kirkwood MO	2023	Frisco
4:36:31	Jackson	Jacqueline	39	LS MO	2007	LBT
4:37:12	Toliver	Amanda	39	Ozark MO	2021	Frisco
4:37:31	Jackson	Jacqueline	38	LS MO	2006	LBT
4:42:43	Hinkle	Jacqueline	37	OP KS	2012	Northface
4:50:16	Giese	Sheri	39	Weston MO	2012	Northface
4:58:59	Tobaben	Melissa	35	Olathe KS	2012	Northface
5:05:11	Livingston	Nancy	38	OP KS	2005	LBT
5:05:36	Frike	Carol	35	BlueSprings MO	2005	LBT
5:06:38	Scott	Tehra	36	Mitchell SD	2011	Northface
5:15:16	Pope	Michelle	38	Liberty MO	2012	Northface
5:19:31	Long	Jaclyn	36	Mayetta KS	2018	36 Hours
5:19:54	Mayfield	Lia	38	Ft Smith AR	2012	Frisco
5:24:43	Harlow	Lynette	36	Lenexa KS	2012	Northface
5:27:26	Griffin	Amy	39	Hillsboro MO	2016	Frisco
5:31:07	Lara	Amy	39	PV KS	2012	Northface
5:31:42	Linderer	Melanie	36	Liberty MO	2012	Northface
5:32:16	Smith	Teresa	39	Flemington MO	2013	Frisco
5:32:25	Stripling	Kelly	38	KC MO	2007	LBT
5:32:28	Barnes	Cristal	39	Lawrence KS	2011	Northface
5:35:17	Bogan	Heidi	38	Bad Axe MI	2012	Northface
5:38:23	Kwiatkowski	Betsy	36	Fishers IN	2021	Frisco
5:38:48	Stark	Joy	37	Corinth MS	2015	Frisco
5:43:08	Hudson	Sue	37	W Plains MO	2015	Frisco
5:48:15	Ayers	Marlene	36	KC KS	1980	AAU
5:48:25	Gregalunas	Tifany	38	Smithville MO	2002	LBT
5:56:47	Urban	Holly	36	Lenexa KS	2011	Northface
5:58:30	Valdez	Myra	37	Shawnee KS	2012	LBT

FEMALE 40-44 (Sub 5:50:00)

3:34:42*	Ibbetson	Sara	40	Ozark MO	2021	Frisco
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3:43:47	Smith	Sadie	44	Kirkwood MO	2023	Frisco
3:57:52	Melchior	Jacqueline	42	Olathe KS	2012	Northface
4:07:29	Melchior	Jacqueline	41	Olathe KS	2011	Northface
4:27:42	Bergin-Childers	Sparkle	40	Ballwin MO	2012	Northface
4:38:27	Elliott	Michelle	42	Centerview MO	2012	Northface
4:38:41	Crowder	Tricia	42	KC MO	2012	Northface
4:43:06	Cameron	Tiffany	41	Smithville MO	2005	LBT
4:43:09	French	Kelly	43	Medford OR	2012	Northface
4:47:51	Frike	Carol	42	BlueSprings MO	2012	Northface
4:52:09	Martinez	Melissa	41	Crocker MO	2012	Northface
4:52:14	Bethay	Kristine	40	KC MO	2011	Northface
4:56:57	Reinbold	Claire	40	Kirkwood MO	2019	Frisco
4:57:46	Klover	Sherry	44	BonnerSprngsKS	2011	Northface
4:59:11	Jackson	Jacque	41	LS MO	2009	LBT
5:13:38	Bell	Stephan	40	Columbia MO	2018	Frisco
5:17:04	Adair	April	40	Covington TN	2015	Frisco
5:17:32	Overmeyer	Jenn	41	Tulsa OK	2016	Frisco
5:19:09	Wilms	Helen	41	OP KS	2006	LBT
5:22:21	Dorris	Jennifer	43	Batesville AR	2019	Frisco
5:25:07	Winters	Marnie	43	LS MO	2011	LBT
5:28:11	Stillwell	Christy	42	Mtn Grove MO	2013	Frisco
5:29:49	Jackson	Jacque	44	LS MO	2012	LBT
5:33:31	Gautreaux	Terry	43	BlueSprings MO	2012	Northface
5:35:15	Pittman	Lori	43	OP KS	2012	Northface
5:39:37	Dryden	Jackie	41	Hannibal MO	2018	Frisco
5:40:11	King	Christa	42	Nixa MO	2014	Frisco
5:40:15	Pendergraft	Steph	43	Gamaliel AR	2018	36 Hours
5:41:25a	Rowe	Wei	43	Omaha NE	2010	Frisco
5:41:58	Pendergraft	Steph	47	Gamaliel AR	2022	Frisco
5:42:23	Himmelberg	Kelly	44	KC MO	2023	Frisco
5:43:47	Roberts	Sherri	40	Springfield MO	2015	Frisco
5:45:00	Lueckert	Nan	43	Smithville MO	2007	LBT
5:45:24	Homburg	Tara	40	Rogersville MO	2012	Northface
5:47:02	Sebastian	Alissa	41	GrainValley MO	2011	LBT
5:48:06	Setness Hoefs	Tana	41	Grand Forks ND	2012	Northface
5:48:25	Hughes	Shela	42	KC MO	2002	LBT

FEMALE 45-49 (Sub 6:00:00)

4:19:03	Johnson	Kathleen	47	Lenexa KS	2003	LBT
4:34:45*	Schupp	Barbara	45	Lee'sSummit MO	2001	LBT
4:35:09	McHaffie	Lisa	47	Springfield MO	2016	Frisco
4:43:08	Jennings	Wendy	46	PV KS	2012	Northface
4:54:51	Henderson	Judith	47	Denver CO	2004	LBT
4:56:11	Hixon	Tracy	47	Chicago IL	2011	Northface
4:57:55	Gardner	Alex	46	BlueSprings MO	2013	LBT
5:03:43	Reed	Tiffany	47	Smithville MO	2011	Northface
5:10:33	Wilms	Helen	46	OP KS	2011	Northface
5:10:34	Schupp	Barbara	48	PV KS	2004	LBT
5:14:54	Sigman	Jill	48	Republic MO	2018	Frisco
5:17:18	Jannin	Chellie	45	Jackson MO	2018	Frisco
5:17:31	Galligan	Mary Alice	48	KC MO	2003	LBT
5:23:06	Kim	Jamie	48	Topeka KS	2012	Northface
5:23:35	Gautreaux	Terry	46	Lk Lotawana MO	2015	LBT
5:25:07	Keller	Stephanie	46	NA	2012	Frisco
5:25:59	Bauer	Sarah	48	StL MO	2022	Frisco
5:31:39	Cherepak	Lisa	46	LkTapawingo MO	2012	LBT
5:31:45	Stillwell	Christy	46	Mtn Grove MO	2016	Frisco

5:32:34	Cook	Theresa	47	Bentonville AR	2016	Frisco
5:33:01	Gonzales	Annette	47	Olathe KS	2012	Northface
5:35:53	Martinez	Melissa	47	Crocker MO	2018	Sizzling6
5:36:34	Kroll	Stephanie	49	PV KS	2012	Northface
5:40:40	Isaacs	Cheryl	47	NA	2012	Frisco
5:42:02	Pearsall	Rhonda	46	Memphis TN	2013	Frisco
5:48:11	Briscoe	Shannon	46	Archie MO	2017	36 Hours
5:48:25	Galagan	Mary Alice	47	KC MO	2002	LBT
5:49:15	Cook	Theresa	46	Bentonville AR	2015	Frisco
5:52:18	Abel	Lauren	49	Burlington KY	2012	Northface
5:53:18	Briscoe	Shannon	47	Archie MO	2018	Sizzling6
5:55:22	Terflinger	Jennie	46	Olathe KS	2018	Sizzling6
5:56:27	Cook	Pat	48	Warrensburg MO	2000	LBT
5:57:16	Bauer	Sarah	49	StL MO	2023	Frisco
5:59:27	Phillips	Jana	48	Strafford MO	2012	Frisco

FEMALE 50-54 (Sub 6:30:00)

4:10:42*	Lowrance	Becky	54	Branson MO	2012	Frisco
4:11:54	Lowrance	Becky	53	Branson MO	2011	Frisco
4:18:12a	Lowrance	Becky	52	Branson MO	2010	Frisco
4:46:12	McKinnis	Karen	53	Fair Grove MO	2016	Frisco
4:45:53	Schlegel	Michele	51	Festus MO	2022	Frisco
4:47:15	Calcagnino	Denise	50	Syracuse NY	2018	Frisco
4:56:02	Mohrmann	Rae	54	StL MO	2002	LBT
5:04:39	Schupp	Barbara	52	PV KS	2009	LBT
5:06:21	Weaver	Tonya	51	FayettevilleAR	2018	Sizzling6
5:08:55	Wilkinson	Connie	53	Joplin MO	2018	36 Hours
5:10:28	Wilkinson	Connie	52	Joplin MO	2017	36 Hours
5:17:48	Richards	Mary Lynne	50	Hannibal MO	2012	Northface
5:23:32	Nagel	Sharon	50	Theodosia MO	2015	Frisco
5:34:59	Orth	Angie	50	Ozark MO	2014	Frisco
5:38:59	Ruhs	Bobbie	51	Blair NE	2012	Northface
5:39:24	Bietau	Lisa	50	Manhattan KS	2009	LBT
5:42:52	Johann	Sandy	54	NA	2012	LBT
5:53:20	Pelfrey	Leah	51	Black Mtn NC	2021	Frisco
6:00:15	Bolte	Cyndy	53	New Haven MO	2011	Frisco
6:00:35	Shawhan	Rebecca	53	Springfield MO	2017	36 Hours
6:04:04	Foster	Emm	52	Republic MO	2011	Frisco
6:06:00	Kreeb	Kathi	53	Grovespring MO	2013	Frisco
6:06:59	Schuman	Darlene	52	Belton MO	2012	Northface
6:07:17	Ammon	Carolyn	52	PV KS	2009	LBT
6:08:04	Sloan	Patty	51	Greenwood AR	2023	Frisco
6:10:32	Bellman	Laura	50	KC MO	2009	LBT
6:14:25	Reed	Tiffany	53	Smithville MO	2017	36 Hours
6:14:39	Ruhs	Bobbie	50	Blair NE	2011	LBT
6:15:01	Taylor	Teresa	53	Greenwood AR	2023	Frisco
6:16:47	Wright	Robin	51	KC MO	2012	Northface
6:17:48	Cummings	Lynette	52	Nixa MO	2019	Frisco
6:23:10	Phillips	Jana	52	Strafford MO	2016	Frisco
6:28:26	Geschwind	Caryl	53	Rochester MS	2018	36 Hours
6:29:17	Fox	Ruth	51	Manhattan KS	2008	LBT
6:29:41	Ruhs	Bobbie	50	Blair NE	2011	Northface

FEMALE 55-59 (Sub 7:00:00)

4:09:13*	Lowrance	Becky	55	Branson MO	2013	Frisco
4:38:32	McKinnis	Karen	55	Fair Grove MO	2018	Frisco
4:42:43	Schweitzer	Isabelle	58	Ithaca NY	2012	Frisco

4:58:52	Stodgel	Kristine	55	Boonville MO	2023	Frisco
5:38:25	Hanson	Beth	55	Brentwood MO	2021	Frisco
5:49:45	Ferguson	Chrissy	57	Maumelle AR	2018	Frisco
5:59:59a	Shafer	Jeniece	58	Fort Worth TX	2010	Frisco
6:02:23	Daniels	Daryl	57	IndependenceMO	2011	LBT
6:02:29	Bossert	Kristine	55	Ash Grove MO	2014	Frisco
6:10:09	Bossert	Kristine	56	Ash Grove MO	2015	Frisco
6:10:24	Rogers	Bridget	59	Nashville TN	2021	Frisco
6:11:36	Bossert	Kristine	59	Ash Grove MO	2018	Frisco
6:13:35	Bealmear	Kendra	55	KC MO	2012	Northface
6:21:48	Ferguson	Chrissy	58	Maumelle AR	2019	Frisco
6:23:08	Bossert	Kristine	57	Ash Grove MO	2016	Frisco
6:24:46	Fields	Miki	57	Newburgh IN	2021	Frisco
6:45:45	Noble	Karen	55	Springfield MO	2016	Frisco
6:46:32	Troisi	Cathy	56	SenecaFalls NY	2002	LBT
6:46:32	Elliott	Glendoria	57	Florissant MO	2021	Frisco
6:47:43	Murphy	Julie	58	Long Lane MO	2022	Frisco
6:51:07	Brattin	Valerie	59	St Charles MO	2021	Frisco
6:51:12	Bealmear	Kendra	56	KC MO	2014	Frisco
6:53:27	Stoecklein	Beth	56	Spring Hill KS	2001	LBT
6:54:22	Geary	Lisa	55	Marshfield MO	2021	Frisco
6:58:31	Dather	Lori	57	Conway AR	2023	Frisco
6:58:46	Ziegler	Kathy	57	Manchester MO	2018	Frisco

FEMALE 60-64 (sub 8:00:00)

5:54:15*	Quesenberry	Diane	64	BrooklineStnMO	2023	Frisco
5:59:54	Luck	Gayann	61	Greenwood MO	2023	Frisco
6:22:56	Shaefer	Sharon	62	NewBlmfield MO	2015	Frisco
6:24:52	Shafer	Jeniece	60	Ft Worth TX	2012	Frisco
6:26:12	Troutman	Verna	60	BlueSprings MO	2003	LBT
6:30:17	Wilson	Sheree	61	Webb City MO	2017	36 Hours
6:33:21	Ritz	Mary	63	Cody WY	2018	Frisco
6:51:43	Stewart	Debbie	61	Ozark MO	2011	Kickin66
6:53:54	Abrahams	Linda	61	Branford CT	2013	Frisco
7:06:40	Smith	Debbie	64	Joplin MO	2021	Frisco
7:14:14	Nicholls	Sheri	60	Huntington AR	2021	Frisco
7:15:09	Miller	Irell	62	Springfield MO	2018	Frisco
7:38:35	Haynes	Deborah	62	Ashland MO	2021	Frisco
7:54:27	Smith	Chau	63	Oak Grove MO	2013	LBT

FEMALE 65-69

6:22:38*	Smith	Debbie	65	Joplin MO	2022	Frisco
6:42:56	Henke	Sandy	65	Lk in Hills IL	2019	Frisco
7:04:27	Wilson	Sheree	65	Webb City MO	2022	Frisco
7:17:34	Kramer	Kathryn	65	Germantown MO	2019	Frisco
8:44:57	Nepsted	Trudy	68	WestwdHills KS	1999	LBT
9:07:57	Pickering	Molly	66	Bartlett TN	2023	Frisco
9:29:40	Nepsted	Trudy	69	WestwdHills KS	2000	LBT

FEMALE 70-74

7:57:10*	Otte	Mary	73	KC MO	1998	LBT
8:01:34	Goslin	Carol	74	KC MO	2019	Frisco
10:20:50	Nepsted	Trudy	71	WestwdHills KS	2002	LBT

FEMALE 75+

7:39:20*	Goslin	Carol	76	KC MO	2021	Frisco
8:58:58	Goslin	Carol	77	KC MO	2022	Frisco

MALE OPEN (Sub 4:00:00)

3:02:34	Wardian	Michael	37	Arlington VA	2011	Northface
3:15:13*	McDougal	Jordan	25	Warrenton MO	2012	Northface
3:17:35	Fussner	Michael	47	Kirkwood MO	2023	Frisco
3:23:48	Lavin	Travis	34	Golden CO	2022	Frisco
3:33:15	Nott	Todd	35	Plattsmouth NE	1999	LBT
3:34:48	Fisher	Dann	47	Manhattan KS	2010	LBT
3:35:24	Marshall	Andrew	39	KC MO	2021	Frisco
3:37:01	Helfenstein	Alain	28	Switzerland	2012	Northface
3:37:19	Langfitt	Colin	32	Republic MO	2021	Frisco
3:38:24	Leiboult	Richard	54	Ozark MO	2011	Frisco
3:38:57	Stack	Nathan	26	Lincoln NE	2011	Northface
3:41:13	Ayers	Rich	36	KC KS	1980	AAU
3:42:26	Nunn	W Sean	37	Raytown MO	2005	LBT
3:42:56	Presar	David	36	KC MO	1998	LBT
3:44:11	Zimmerman	Kevin	34	Springfield MO	2019	Frisco
3:44:32	Kreibach	Henry	35	NA	1980	AAU
3:45:23	Voldman	Dmitri	46	Overland Pk KS	1999	LBT
3:45:31	Nott	Todd	42	Plattsmouth NE	2006	LBT
3:48:00	Buehler	Gregg	40	Olathe KS	2011	Northface
3:48:33	Plucinski	Mark	52	Joplin MO	2007	LBT
3:49:33	Rueckert	Jesse	32	St Cloud MN	2012	Northface
3:50:36	Foster	Stephen	52	Webb City MO	2022	Frisco
3:50:59	Sigle	Ben	31	Manhattan KS	2011	Northface
3:51:52	Trnavsky	Robert	26	KC MO	2012	Northface
3:52:00	Touret	Jean-Marie	43	Overland Pk KS	1999	LBT
3:52:27	Didier	Hannon	37	FtLeavenwrthKS	2012	Northface
3:54:26	Hellhake	Timothy	47	Independnce MO	2012	Northface
3:55:31	Petty	Clinton	49	Willard MO	2016	Frisco
3:56:10	Hankins	Grover	39	NA	1980	AAU
3:57:40	Hola	Tim	38	Littleton CO	2012	Northface
3:57:47	Fisher	Dann	37	Manhattan KS	2000	LBT

MALE 19 & UNDER

4:02:21*	Barger	Derrick	19	Willard MO	2019	Frisco
4:19:50	Barlett	Payton	17	Lake Ozark MO	2017	36 Hours
4:46:20	Gardner	Nicholas	18	Columbia MO	2012	Northface
5:13:44	Quintana	Alvaro Pino	19	KC MO	2012	Northface
6:39:04	St Clair	Samuel	17	Glencoe MO	2012	Northface

MALE 35-39 (Sub 4:40:00)

3:02:34	Wardian	Michael	37	Arlington VA	2011	Northface
3:32:17*	Smith	Darin	37	Liberty MO	2022	Old 210
3:33:15	Nott	Todd	35	Plattsmouth NE	1999	LBT
3:35:24	Marshall	Andrew	39	KC MO	2021	Frisco
3:41:13	Ayers	Rich	36	KC KS	1980	AAU
3:42:26	Nunn	W Sean	37	Raytown MO	2005	LBT
3:42:56	Presar	David	36	KC MO	1998	LBT
3:44:32	Kreibach	Henry	35	NA	1980	AAU
3:52:27	Didier	Hannon	37	FtLeavenwrthKS	2012	Northface
3:56:10	Hankins	Grover	39	NA	1980	AAU
3:57:40	Hola	Tim	38	Littleton CO	2012	Northface
3:57:47	Fisher	Dann	37	Manhattan KS	2000	LBT
4:04:57	Moon	Kenn	39	OP KS	2012	Northface
4:09:50	Sicher	Nathan	37	Joplin MO	2018	Sizzling6
4:13:45	Kasal	Jeffrey	36	StL MO	2012	Frisco

4:15:00	White	Byron	39	NA	1980	AAU
4:17:33	Wright	Steven	38	Nixa MO	2019	Frisco
4:20:27	Crisman	Mark	38	Manhattan KS	2001	LBT
4:22:24	Fisher	Dann	39	Manhattan KS	2002	LBT
4:24:34	Allen	Bart	39	Lenexa KS	2012	Northface
4:26:28	Dickens	Aaron	37	Van Buren AR	2018	Frisco
4:27:01	Weber	Josh	36	Westwood KS	2011	Northface
4:27:25	O'Neal	Creighton	35	Shawnee KS	2006	LBT
4:30:43	Crisman	Mark	38	Mulvane KS	2002	LBT
4:33:37	Amos	Kyle	36	Olathe KS	2011	LBT
4:36:00	Lind	Rick	35	Iola KS	1998	LBT
4:38:13	Scheer	Cory	36	Liberty MO	2012	Northface
4:38:29	Dayton	Frank	36	Manhattan KS	1999	LBT
4:38:55	Lazarus	Peter	37	LS MO	2006	LBT
4:39:42	Everhart	Dave	35	Shawnee KS	2012	Northface
4:39:43	Hay	Bryan	38	KC MO	2012	Northface

MALE 40-44 (Sub 5:00:00)

3:45:31	Nott	Todd	42	Plattsmouth NE	2006	LBT
3:48:00	Buehler	Gregg	40	Olathe KS	2011	Northface
3:52:00	Touret	Jean-Marie	43	Overland Pk KS	1999	LBT
4:01:02*	Myers	Randy	42	Lawson MO	2011	Northface
4:01:32	Nowacki	Michael	43	San Diego CA	1998	LBT
4:05:21	Mays	Jamie	42	Olathe KS	2011	Northface
4:08:41	Atwell	Ken	44	Overland Pk KS	1980	AAU
4:12:25	Maness	Paul	43	Springfield MO	2013	Frisco
4:14:29	Zacks	Jeff	43	U City MO	2014	Frisco
4:16:00	Crisman	Mark	42	Ft Meade MO	2006	LBT
4:16:22	Stafford	Dan	44	Apex NC	2019	Frisco
4:17:05	Maher	Ryan	40	Fenton MO	2022	Frisco
4:17:08	Scroggs	Doug	43	NA	1980	AAU
4:18:10	Benz	Dan	44	St Joseph MO	2014	LBT
4:19:04	Schneidewind	Darin	40	Lyndon KS	2009	LBT
4:20:46	Schoenlaub	Paul	44	St Joseph MO	2003	LBT
4:22:51	Witherspoon	Jerry	44	BlueSprings MO	1980	AAU
4:24:12	Middaugh	Chris	40	Lees Summit MO	2016	Frisco
4:26:09	Tripp	Eric	40	Mtn View MO	2021	Frisco
4:26:16	Schubert	Daniel	43	Springfield MO	2022	Frisco
4:30:23	Ampleman	Jim	41	Springfield MO	2012	Frisco
4:30:52	Jones	Chris	42	OP KS	2012	Northface
4:33:37	Miller	Doug	40	Olathe KS	2011	LBT
4:36:08	Cassidy	Bob	43	Leawood KS	2004	LBT
4:36:13	Reeves	James	44	Bentonville AR	2013	Frisco
4:36:27	Slight	Ryan	43	Springfield MO	2019	Frisco
4:36:49	Koeller	Kris	40	New Canton IL	2012	Northface
4:37:08	Hertell	Matthew	40	Manchester MO	2006	LBT
4:38:47a	Lopez	Robert	43	Seattle WA	2010	Frisco
4:39:16	Miller	Doug	41	Olathe KS	2012	LBT
4:41:14	Maness	Paul	44	Springfield MO	2014	LBT
4:41:54	Nosek	Benjamin	43	Milton MA	2018	36 Hours
4:43:27	Johnson	Stuart	44	Shawnee KS	2003	LBT
4:46:19	Roth	Don	41	PrairieVllg KS	1980	AAU
4:47:34	Slight	Ryan	42	Springfield MO	2018	Frisco
4:50:03	Wilde	David	44	CpGirardeau MO	2018	Frisco
4:54:49	Murphy	Dan	40	Smithville MO	2006	LBT
4:54:49	McGarvey	Ronald	40	Columbia MO	2015	Frisco
4:55:56	Moore	Wayne	44	Fenton MO	2012	Northface

4:56:50a	Flaspohler	Brian	42 StL MO	2010	Frisco
4:58:06	McKay	Matthew	40 Springfield MO	2023	Frisco
4:59:07	Mason	Troy	42 Omaha NE	2005	LBT

MALE 45-49 (Sub 5:30:00)

3:17:35*	Fussner	Michael	47 Kirkwood MO	2023	Frisco
3:34:48	Fisher	Dann	47 Manhattan KS	2010	LBT
3:45:23	Voldman	Dmitri	46 Overland Pk KS	1999	LBT
3:54:26	Hellhake	Timothy	47 Independence MO	2012	Northface
3:55:31	Petty	Clinton	49 Willard MO	2016	Frisco
4:02:34	McCreight	Scott	47 Leawood KS	2011	Northface
4:03:43	Scruggs	Sam	49 KC MO	2012	Northface
4:11:56	Highfill	Bob	49 NA	1980	AAU
4:14:26	House	James	49 Jackson MS	2016	Frisco
4:16:31	Petty	Clinton	48 Willard MO	2015	Frisco
4:27:09	Schmitt	Craig	48 Smithville MO	2012	Northface
4:27:16	Bach	Norm	45 MarshalltownIA	2012	Northface
4:28:20	Hughes	Kendall	49 Smithville MO	2011	Northface
4:32:28	Talon	Brian	46 Southington CT	2018	36 Hours
4:39:09	Henry	David	48 Omaha NE	2009	LBT
4:39:12	Wilbers	Chris	49 Springfield MO	2015	Frisco
4:40:27	Nguyen	Brett	45 Ft Smith AR	2014	Frisco
4:42:41	Turcotte	Alain	47 St Antonin CAN	2015	Frisco
4:43:00	Lewis	Jeff	48 Olathe KS	2012	Northface
4:43:37	Lundgren	Mike	48 Fairway KS	1999	LBT
4:43:42	Crane	Freddy	45 Desoto MO	2018	Frisco
4:45:41	Kircher	Eli	46 Billings MO	2018	Frisco
4:46:42	Foes	Jeffrey	46 Alton MO	2012	Frisco
4:47:13	Bader	Daniel	49 StL MO	2022	Frisco
4:48:22	Elliott	Tim	48 Spring Hill KS	2012	Northface
4:50:57	Barbee	Mark	49 Boston MA	2011	Northface
4:53:27	Woody	Jeff	47 Knoxville TN	2011	Northface
4:55:04	Lundgren	Mike	47 Fairway KS	1998	LBT
4:55:05	Mason	Troy	45 Omaha NE	2007	LBT
4:55:27	Mason	Troy	46 Omaha NE	2008	LBT
4:55:40	Mason	Troy	47 Omaha NE	2009	LBT
4:55:58	Wolf	Houston	49 Cordova TN	2013	Frisco
4:56:14	Wehling	Jeff	48 Springfield MO	2013	Frisco
4:56:22	Chappell	Ken	46 Lebanon MO	2014	Frisco
4:59:10	Prochelo	Gary	47 Leawood KS	2011	Northface
5:02:52	Clouse	Darrin	47 Battlefield MO	2018	Frisco
5:04:22	Ewers	Ken	46 Jeff City MO	2018	Frisco
5:05:47	Shives	Greg	49 OP KS	2012	Northface
5:05:49	McCreight	Scott	48 OP KS	2012	Northface
5:05:54	Klippenstein	Brian	48 Platte City NE	2011	LBT
5:09:47	Sammur	Wael	49 Raymore MO	2011	Northface
5:10:30	Bracker	Kevin	46 CarlJunctionMO	2015	Frisco
5:11:05	Mauro	Albert	45 KC MO	2012	Northface
5:11:16	Klippenstein	Brian	49 Platte City MO	2012	Northface
5:16:03	Fetter	Jimmy	46 Perkins OK	2018	Sizzling6
5:19:44	Hawks	Jay	47 Parsons KS	2017	36 Hours
5:21:59	Harris	James	48 GrainValley MO	2011	Northface
5:23:39	Holmes	Ben	45 Lenexa KS	2002	LBT
5:26:23	Hawks	Jay	46 Parsons KS	2016	Frisco
5:26:43	Cochran	Brian	45 FayettevilleAR	2016	Frisco
5:28:27	Harris	James	48 GrainValley MO	2011	LBT

MALE 50-54 (Sub 6:00:00)

3:38:24*	Leiboult	Richard	54	Ozark MO	2011	Frisco
3:48:33	Plucinski	Mark	52	Joplin MO	2007	LBT
4:02:44	Seymour	Jim	50	Ladue MO	2021	Frisco
4:20:27	Young	Steve	51	Jeff City MO	1998	LBT
4:22:35	Iversen	Mark	53	Mankato MN	2012	Northface
4:22:53	Weeks	John	51	Burnsville MN	2014	Frisco
4:26:26	Enearl	Brian	53	Mt Pleasant IA	2018	Frisco
4:27:45	Foes	Jeff	50	Alton MO	2016	Frisco
4:29:21	Boyd	Robert	53	NA	1980	AAU
4:34:19	Sammur	Wael	50	Raymore MO	2012	Northface
4:40:48	Schuman	Greg	54	Belton MO	2012	Northface
4:45:22	Stout	Nathan	51	OP KS	2012	Northface
4:56:25	Jones	Steve	50	LS MO	2013	LBT
4:52:50	Munson	John	54	OP KS	2011	Northface
5:01:12	Hanson	Scott	50	LakeQuivira KS	2010	LBT
5:02:00	Mason	Troy	50	Omaha NE	2010	LBT
5:02:30	Woelk	Linley	50	Marion IA	2006	LBT
5:07:22	Juskiewicz	Nicholas	51	Albuquerque NM	2012	Northface
5:09:21	Dobratz	Jeff	50	Hutchinson KS	2012	Northface
5:10:30	Schupp	Mike	53	PV KS	2004	LBT
5:10:36	Stumpff	Jim	54	OP KS	2012	Northface
5:12:24	Wendel	Jonathan	51	Ames IA	2006	LBT
5:13:59	Woolsey	Bill	54	KC MO	2006	LBT
5:16:23	Hurst	Craig	52	Raymore MO	2015	Frisco
5:17:32	Gray	Rodney	51	Springfield MO	2014	Frisco
5:18:23	Wehling	Jeff	54	Springfield MO	2018	36 Hours
5:19:52a	Sartwell	Joel	50	Columbia MO	2010	Frisco
5:20:08	Bracker	Kevin	50	Joplin MO	2019	Frisco
5:22:13	Sheldon	Jim	50	BonnerSprngsKS	2011	Northface
5:25:58	Chappell	Ken	51	Lebanon MO	2019	Frisco
5:27:15	McGuire	Dave	51	KS	2005	LBT
5:28:05	Embretson	Scott	53	Republic MO	2013	Frisco
5:28:27	Schupp	Mike	54	PV KS	2005	LBT
5:35:57	Sullivan	Jim	54	Orlando FL	2006	LBT
5:36:35	Vernon	Larry	53	Springfield MO	2017	36 Hours
5:40:57	Newman	David	52	Bentonville AR	2013	Frisco
5:41:39	Fleming	Bruce	52	Milwaukie OR	2019	Frisco
5:43:50	Maness	Paul	53	Branson MO	2023	Frisco
5:47:37	Carter	Gary	53	Parsons KS	2017	36 Hours
5:49:23	Richey	Glenn	54	St Joseph MO	2007	LBT
5:53:48	Timmons	Todd	50	Fort Smith AR	2011	Frisco
5:54:37	Cooper	Keith	50	Gladstone MO	2014	Frisco
5:58:15	Abramson	Mario	50	CO Springs CO	2011	Frisco
5:58:22c	Hollander	Richard	53	St Charles MO	2012	Northface

MALE 55-59 (Sub 6:10:00)

4:04:57	Munson	John	56	Olathe KS	2012	Northface
4:23:33*	Stubblefield	Lee	58	Cassville MO	2014	Frisco
4:23:44	Stubblefield	Lee	55	Cassville MO	2011	Kickin66
4:25:32	French	Harrison	56	Rogers AR	2016	Frisco
4:31:08	Baxter	Mike	56	Springfield MO	2011	LBT
4:36:28	Giles	David	59	Aurora MO	2015	Frisco
4:51:39	Ellis	Randy	59	Sapulpa OK	2011	Frisco
4:52:22	Beach	Ken	58	Raytown MO	2010	LBT
4:56:05	Fattman	Ken	56	OverlandParkKS	2011	LBT
4:57:33	Flott	Lance	55	OldSaybrook CT	2013	Frisco

5:02:01a	Richey	Glenn	57 Liberty MO	2010	Frisco
5:06:32	Schupp	Mike	58 PV KS	2009	LBT
5:07:32	Beach	Ken	59 Raytown MO	2011	Northface
5:07:47	Stubblefield	Lee	59 Cassville MO	2015	Frisco
5:08:11	Lehmer	Jim	57 Jeff City MO	2018	Frisco
5:10:59	Hogan	Dick	57 Des Moines IA	2003	LBT
5:18:39	Rogers	Jeff	55 Canyon MO	2015	Frisco
5:18:42	Beach	Ken	59 Raytown MO	2011	LBT
5:18:47	Hoehn	Kurt	55 Nokonis IL	2021	Frisco
5:25:35	Detore	Tom	58 Lenexa KS	2006	LBT
5:27:16	Aleman	Stephen	59 Springfield MO	2013	Frisco
5:28:40	Detore	Tom	59 Lenexa KS	2007	LBT
5:30:40	Lintvedt	Curtis	57 Exeter NH	2004	LBT
5:34:50	McNichols	James	56 Dyersburg TN	2021	Frisco
5:36:19	Horning	Steve	59 Independnce MO	2012	Northface
5:38:07	Steffen	Ernst	58 KC MO	2011	LBT
5:38:18	Bell	Dave	56 Highlands R CO	2018	36 Hours
5:40:03	Richey	Glenn	58 St Joseph MO	2011	Northface
5:47:55	Hogan	Dick	56 Des Moines IA	2002	LBT
5:49:36	Hogan	Dick	55 Des Moines IA	2001	LBT
5:50:55	Johnson	David	58 Odessa TX	2012	Frisco
5:51:16	Griffiths	Nile	58 StL MO	2012	Northface
5:59:50	Russell	Dean	55 Parkville MO	2011	LBT
6:09:52	Hickam	Terry	55 BlueSprings MO	2000	LBT

MALE 60-64 (Sub 6:50:00)

4:07:57*	Coeme	Henri	63 Neosho MO	2016	Frisco
4:25:33	Gilbert	Bruce	63 Lenexa KS	2012	Northface
4:36:34	Beach	Ken	60 KC MO	2013	Frisco
4:37:44	Gilbert	Bruce	61 Lenexa KS	2011	Northface
4:52:04	Beach	Ken	60 KC MO	2012	Northface
4:54:03	Keating	Rick	61 Bridgeton MO	2018	Frisco
5:16:10	Detore	Tom	63 Lenexa KS	2011	LBT
5:16:59	Woods	Bob	60 Baldwin KS	2011	Northface
5:17:42	Dewar	Bob	60 Springfield MO	2005	LBT
5:32:48a	Dewar	Bob	64 Springfield MO	2010	Frisco
5:36:35	McDermott	Jim	64 Camdenton MO	2018	Frisco
5:38:01	Hughes	Steve	63 Little Rock AR	2012	Frisco
5:39:45	Bukas	Randy	60 Flora IL	2016	Frisco
5:50:54	Risser	Robert	64 Cameron MO	2004	LBT
5:51:03	Harden	Jodie	60 Germantown TN	2014	Frisco
5:56:10	Meinking	Dennis	63 KC MO	2011	Northface
5:57:26	Cheffins	Tom	63 Shirley AR	2018	Frisco
6:00:20	Risser	Robert	63 Cameron MO	2003	LBT
6:06:26	Ravi	Nathan	61 ChesterfieldMO	2013	Frisco
6:07:35	Munson	Steve	61 Grangeville ID	2015	Frisco
6:11:51	Harden	Jodie	62 Germantown TN	2016	Frisco
6:14:02	Taylor	Edward	63 Pineville LA	2013	Frisco
6:14:21	Harrison	Keith	62 Rogersville MO	2018	36 Hours
6:17:05	Simpson	James	63 HuntngtnBch CA	2005	LBT
6:18:48	Martin	Brad	62 Branford CT	2013	Frisco
6:27:19	McCarthy	Denis	61 StL MO	2021	Frisco
6:28:10	Detore	Tom	62 Lenexa KS	2010	LBT
6:28:19	Grigg	Duane	60 Gainesville MO	2011	Kickin66
6:28:46	Moore	Arthur	62 Strongsvlle OH	1999	LBT
6:30:44	Grigg	Duane	64 Gainesville MO	2015	Frisco
6:36:25	Harrison	Keith	61 Rogersville MO	2017	36 Hours

6:41:02	Woods	Bob	63 Baldwin KS	2014	Frisco
6:42:38	Morgan	Paul	61 AltamonteSprFL	2002	LBT
6:47:09	Detore	Tom	61 Lenexa KS	2009	LBT
6:47:35	Grigg	Duane	60 Gainesville MO	2011	Frisco

MALE 65-69 (Sub 7:00:00)

4:10:29*	Coeme	Henri	68 Neosho MO	2021	Frisco
4:12:26	Coeme	Henri	69 Neosho MO	2022	Frisco
4:51:25	Coeme	Henri	65 Neosho MO	2018	36 Hours
5:21:34	Giles	David	67 Aurora MO	2023	Frisco
5:27:56	Giles	David	66 Aurora MO	2022	Frisco
5:36:32	Dewar	Bob	65 Springfield MO	2011	Northface
5:41:58	Wollard	Allyn	66 Nixa MO	2017	36 Hours
5:54:14	Quesenberry	Tom	65 BrooklineStnMO	2023	Frisco
5:58:42	Wollard	Allyn	67 Nixa MO	2018	36 Hours
6:00:54	Jolley	Dan	66 Springfield MO	2013	Frisco
6:09:52	Stauffer	Harry	66 Independnce MO	2000	LBT
6:26:04	Dewar	Bob	69 Springfield MO	2015	Frisco
6:35:23	Dewar	Bob	66 Springfield MO	2012	Frisco
6:45:41	Hill	Randall	68 FairviewHts IL	2012	Frisco
6:45:45	Dewar	Bob	67 Springfield MO	2013	Frisco

MALE 70-74

4:38:04	Coeme	Henri	70 Neosho MO	2023	Frisco
6:14:55	Nino de Rivera Lajous, Carlos		70 Lincoln NE	2015	Frisco
6:42:30	Grigg	Duane	70 Gainesville MO	2021	Frisco
6:48:58	Zirbel	Glen	71 Ankeny IA	2001	LBT
6:52:10	Kolander	Robert	70 Troy MO	2022	Frisco
6:52:52	Nino de Rivera Lajous, Carlos		71 Lincoln NE	2016	Frisco
6:53:07	Grigg	Duane	71 Gainesville MI	2022	Frisco
7:27:02	Dewar	Bob	70 Springfield MO	2016	Frisco
7:34:39	Dewar	Bob	73 Springfield MO	2019	Frisco
7:36:22	Ingalls	Frank	73 WichitaFallsTX	2018	Sizzling6
7:45:35	Dewar	Bob	72 Springfield MO	2018	Frisco
7:53:16	Nino de Rivera Lajous, Carlos		74 Lincoln NE	2019	Frisco
8:20:58	Hodges	Sherman	74 Glenview IL	2009	LBT
8:23:46	Nino de Rivera Lajous, Carlos		73 Lincoln NE	2018	Frisco
8:33:26	Bruckert	Eugene	72 ArlingtnHts IL	2007	LBT

MALE 75+

8:16:44*	Dewar	Robert	76 Springfield MO	2022	Frisco
8:41:08	Dewar	Robert	77 Springfield MO	2023	Frisco

36 Hours	36 Hours of Jack-Carthage
AAU	MO Valley AAU 50km-Blue Springs
Kickin66	Kickin' Route 66-Lebanon to Springfield (headwind 2011)
LBT	Little Blue Trace Blue Springs 50 Km Trail Run
Frisco	Frisco Highline Springfield 50 km (aided course in 2010 only)
Old 210	Old 210 Classic-Liberty
Northface	Northface Endurance Challenge-KC
Sizzling6	Sizzling Six Shooter-Carthage