

MISSOURI USATF 50 KM (31.0685 MILES) RECORDS

FEMALE OPEN (Sub 5:00:00)

3:34:42*	Ibbetson	Sara	40 Ozark MO	2021	Frisco
3:50:02	Nielsen	Christy	37 Omaha NE	2012	Northface
3:57:52	Melchior	Jacqueline	42 Olathe KS	2012	Northface
3:59:55	Mutz	Jenna	37 Joplin MO	2017	36 Hours
4:07:29	Melchior	Jacqueline	41 Olathe KS	2011	Northface
4:07:38	Drouant	Alicia	35 StL MO	2012	Northface
4:09:13	Lowrance	Becky	55 Branson MO	2013	Frisco
4:10:42	Lowrance	Becky	54 Branson MO	2012	Frisco
4:11:54	Lowrance	Becky	53 Branson MO	2011	Frisco
4:15:23	Kazmaier	Emily	36 Liberty MO	2012	Northface
4:17:09	Imgarten	Christi	27 Columbia MO	2012	Northface
4:18:12a	Lowrance	Becky	52 Branson MO	2010	Frisco
4:19:03	Johnson	Kathleen	47 Lenexa KS	2003	LBT
4:21:00	Waterman	Sarah	24 Springfield MO	2019	Frisco
4:21:42	Muntz	Jenna	37 Joplin MO	2018	Sizzling6
4:24:56	Xiong	Marsha	21 KC MO	2011	Northface
4:27:42	Bergin-Childers	Sparkle	40 Ballwin MO	2012	Northface
4:28:13	Munsterman	Kim	31 KC MO	2011	Northface
4:29:34	Buchheit	Jenny	25 Springfield MO	2005	LBT
4:29:45	Dickson	Jennifer	32 Chillicothe MO	2018	36 Hours
4:31:28	Euler	Laurie	29 Conifer CO	2011	LBT
4:31:40	Biber	Rachel	28 Nashville TN	2008	LBT
4:32:06	Cameron	Tiffany	41 Smithville MO	2005	LBT
4:32:16	Kumlien	Ashley	28 Brookfield WI	2012	Northface
4:34:45	Schupp	Barbara	45 Lee'sSummit MO	2001	LBT
4:35:09	McHaffie	Lisa	47 Springfield MO	2016	Frisco
4:36:27	Schwarz	Haley	32 Columbia MO	2012	Northface
4:36:31	Jackson	Jacqueline	39 LS MO	2007	LBT
4:36:46	Flory	Ariela	31 Eastview KY	2017	36 Hours
4:36:49	Mellon	Erin	29 Hull IL	2012	Northface
4:37:12	Toliver	Amanda	39 Ozark MO	2021	Frisco
4:37:31	Jackson	Jacqueline	38 LS MO	2006	LBT
4:38:27	Elliott	Michelle	42 Centerview MO	2012	Northface
4:38:32	McKinnis	Karen	55 Fair Grove MO	2018	Frisco
4:38:41	Crowder	Tricia	42 KC MO	2012	Northface
4:41:05	Merritt	Jamie	34 Wentzville MO	2022	Frisco
4:42:43	Schweitzer	Isabelle	58 Ithaca NY	2012	Frisco
4:42:43	Hinkle	Jacqueline	37 OP KS	2012	Northface
4:43:08	Jennings	Wendy	46 PV KS	2012	Northface
4:43:09	French	Kelly	43 Medford OR	2012	Northface
4:44:36	Buckholz	Laura	27 NY	2011	Northface
4:45:53	Schlegel	Michele	51 Festus MO	2022	Frisco
4:46:12	McKinnis	Karen	53 Fair Grove MO	2016	Frisco
4:46:41	Iranda	Laura	24 StL MO	2012	Frisco
4:47:12	Zimmerman	Natalie	31 Quincy IL	2021	Frisco
4:47:15	Calcagnino	Denise	50 Syracuse NY	2018	Frisco
4:47:20	Habermehl	Angela	27 Warrensburg MO	2012	Northface
4:47:51	Frike	Carol	42 BlueSprings MO	2012	Northface
4:50:16	Giese	Sheri	39 Weston MO	2012	Northface
4:51:59	Acree	Heather	34 Independnce MO	2012	Northface
4:52:09	Martinez	Melissa	41 Crocker MO	2012	Northface
4:52:12	Haden	Abbie	31 Fair Play MO	2014	Frisco
4:52:14	Bethay	Kristine	40 KC MO	2011	Northface
4:53:27	Frey	Rona	24 Olathe KS	2012	Northface

4:54:51	Henderson	Judith	47	Denver CO	2004	LBT
4:55:11	Jackson	Jacque	41	LS MO	2009	LBT
4:55:37	Glackin	Alisha	30	Clayton MO	2011	Frisco
4:56:02	Mohrmann	Rae	54	St Louis MO	2002	LBT
4:56:11	Hixon	Tracy	47	Chicago IL	2011	Northface
4:56:57	Hunter	Ally	29	Springdale AR	2016	Frisco
4:56:57	Reinbold	Claire	40	Kirkwood MO	2019	Frisco
4:57:46	Klover	Sherry	44	BonnerSprngsKS	2011	Northface
4:57:55	Gardner	Alex	46	LS MO	2013	LBT
4:58:17	Bailey	Jennie	34	Claremore OK	2014	Frisco
4:58:53	Ochoa	Miki	31	Leawood KS	1999	LBT
4:58:59	Tobaben	Melissa	35	Olathe KS	2012	Northface
4:59:04	Boyd	Kelli	27	Omaha NE	2005	LBT

FEMALE 13-15

8:13:10*	Haupt	Mackenzie	15	Hallsville MO	2021	Frisco
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FEMALE 35-39 (Sub 5:40:00)

3:50:02	Nielsen	Christy	37	Omaha NE	2012	Northface
3:59:55*	Mutz	Jenna	37	Joplin MO	2017	36 Hours
4:07:38	Drouant	Alicia	35	StL MO	2012	Northface
4:15:23	Kazmaier	Emily	36	Liberty MO	2012	Northface
4:21:42	Muntz	Jenna	37	Joplin MO	2018	Sizzling6
4:36:31	Jackson	Jacqueline	39	LS MO	2007	LBT
4:37:12	Toliver	Amanda	39	Ozark MO	2021	Frisco
4:37:31	Jackson	Jacqueline	38	LS MO	2006	LBT
4:42:43	Hinkle	Jacqueline	37	OP KS	2012	Northface
4:50:16	Giese	Sheri	39	Weston MO	2012	Northface
4:58:59	Tobaben	Melissa	35	Olathe KS	2012	Northface
5:05:11	Livingston	Nancy	38	OP KS	2005	LBT
5:05:36	Frike	Carol	35	BlueSprings MO	2005	LBT
5:06:38	Scott	Tehra	36	Mitchell SD	2011	Northface
5:15:16	Pope	Michelle	38	Liberty MO	2012	Northface
5:19:31	Long	Jaclyn	36	Mayetta KS	2018	36 Hours
5:19:54	Mayfield	Lia	38	Ft Smith AR	2012	Frisco
5:24:43	Harlow	Lynette	36	Lenexa KS	2012	Northface
5:27:26	Griffin	Amy	39	Hillsboro MO	2016	Frisco
5:31:07	Lara	Amy	39	PV KS	2012	Northface
5:31:42	Linderer	Melanie	36	Liberty MO	2012	Northface
5:32:16	Smith	Teresa	39	Flemington MO	2013	Frisco
5:32:25	Stripling	Kelly	38	KC MO	2007	LBT
5:32:28	Barnes	Cristal	39	Lawrence KS	2011	Northface
5:35:17	Bogan	Heidi	38	Bad Axe MI	2012	Northface
5:38:23	Kwiatkowski	Betsy	36	Fishers IN	2021	Frisco
5:38:48	Stark	Joy	37	Corinth MS	2015	Frisco
5:43:08	Hudson	Sue	37	W Plains MO	2015	Frisco
5:48:15	Ayers	Marlene	36	KC KS	1980	AAU
5:48:25	Gregalunas	Tifany	38	Smithville MO	2002	LBT
5:56:47	Urban	Holly	36	Lenexa KS	2011	Northface
5:58:30	Valdez	Myra	37	Shawnee KS	2012	LBT

FEMALE 40-44 (Sub 5:50:00)

3:34:42*	Ibbetson	Sara	40	Ozark MO	2021	Frisco
3:57:52	Melchior	Jacqueline	42	Olathe KS	2012	Northface
4:07:29	Melchior	Jacqueline	41	Olathe KS	2011	Northface
4:27:42	Bergin-Childers	Sparkle	40	Ballwin MO	2012	Northface
4:38:27	Elliott	Michelle	42	Centerview MO	2012	Northface

4:38:41	Crowder	Tricia	42	KC MO	2012	Northface
4:43:06	Cameron	Tiffany	41	Smithville MO	2005	LBT
4:43:09	French	Kelly	43	Medford OR	2012	Northface
4:47:51	Frike	Carol	42	BlueSprings MO	2012	Northface
4:52:09	Martinez	Melissa	41	Crocker MO	2012	Northface
4:52:14	Bethay	Kristine	40	KC MO	2011	Northface
4:56:57	Reinbold	Claire	40	Kirkwood MO	2019	Frisco
4:57:46	Klover	Sherry	44	BonnerSprngsKS	2011	Northface
4:59:11	Jackson	Jacque	41	LS MO	2009	LBT
5:13:38	Bell	Stephan	40	Columbia MO	2018	Frisco
5:17:04	Adair	April	40	Covington TN	2015	Frisco
5:17:32	Overmeyer	Jenn	41	Tulsa OK	2016	Frisco
5:19:09	Wilms	Helen	41	OP KS	2006	LBT
5:22:21	Dorris	Jennifer	43	Batesville AR	2019	Frisco
5:25:07	Winters	Marnie	43	LS MO	2011	LBT
5:28:11	Stillwell	Christy	42	Mtn Grove MO	2013	Frisco
5:29:49	Jackson	Jacque	44	LS MO	2012	LBT
5:33:31	Gautreaux	Terry	43	BlueSprings MO	2012	Northface
5:35:15	Pittman	Lori	43	OP KS	2012	Northface
5:39:37	Dryden	Jackie	41	Hannibal MO	2018	Frisco
5:40:11	King	Christa	42	Nixa MO	2014	Frisco
5:40:15	Pendergraft	Steph	43	Gamaliel AR	2018	36 Hours
5:41:25a	Rowe	Wei	43	Omaha NE	2010	Frisco
5:41:58	Pendergraft	Steph	47	Gamaliel AR	2022	Frisco
5:43:47	Roberts	Sherrri	40	Springfield MO	2015	Frisco
5:45:00	Lueckert	Nan	43	Smithville MO	2007	LBT
5:45:24	Homburg	Tara	40	Rogersville MO	2012	Northface
5:47:02	Sebastian	Alissa	41	GrainValley MO	2011	LBT
5:48:06	Setness Hoefs	Tana	41	Grand Forks ND	2012	Northface
5:48:25	Hughes	Shela	42	KC MO	2002	LBT

FEMALE 45-49 (Sub 6:00:00)

4:19:03	Johnson	Kathleen	47	Lenexa KS	2003	LBT
4:34:45*	Schupp	Barbara	45	Lee'sSummit MO	2001	LBT
4:35:09	McHaffie	Lisa	47	Springfield MO	2016	Frisco
4:43:08	Jennings	Wendy	46	PV KS	2012	Northface
4:54:51	Henderson	Judith	47	Denver CO	2004	LBT
4:56:11	Hixon	Tracy	47	Chicago IL	2011	Northface
4:57:55	Gardner	Alex	46	BlueSprings MO	2013	LBT
5:03:43	Reed	Tiffany	47	Smithville MO	2011	Northface
5:10:33	Wilms	Helen	46	OP KS	2011	Northface
5:10:34	Schupp	Barbara	48	PV KS	2004	LBT
5:14:54	Sigman	Jill	48	Republic MO	2018	Frisco
5:17:18	Jannin	Chellie	45	Jackson MO	2018	Frisco
5:17:31	Galligan	Mary Alice	48	KC MO	2003	LBT
5:23:06	Kim	Jamie	48	Topeka KS	2012	Northface
5:23:35	Gautreaux	Terry	46	Lk Lotawana MO	2015	LBT
5:25:07	Keller	Stephanie	46	NA	2012	Frisco
5:25:59	Bauer	Sarah	48	StL MO	2022	Frisco
5:31:39	Cherepak	Lisa	46	LkTapawingo MO	2012	LBT
5:31:45	Stillwell	Christy	46	Mtn Grove MO	2016	Frisco
5:32:34	Cook	Theresa	47	Bentonville AR	2016	Frisco
5:33:01	Gonzales	Annette	47	Olathe KS	2012	Northface
5:35:53	Martinez	Melissa	47	Crocker MO	2018	Sizzling6
5:36:34	Kroll	Stephanie	49	PV KS	2012	Northface
5:40:40	Isaacs	Cheryl	47	NA	2012	Frisco
5:42:02	Pearsall	Rhonda	46	Memphis TN	2013	Frisco

5:48:11	Briscoe	Shannon	46	Archie MO	2017	36 Hours
5:48:25	Galagan	Mary Alice	47	KC MO	2002	LBT
5:49:15	Cook	Theresa	46	Bentonville AR	2015	Frisco
5:52:18	Abel	Lauren	49	Burlington KY	2012	Northface
5:53:18	Briscoe	Shannon	47	Archie MO	2018	Sizzling6
5:55:22	Terflinger	Jennie	46	Olathe KS	2018	Sizzling6
5:56:27	Cook	Pat	48	Warrensburg MO	2000	LBT
5:59:27	Phillips	Jana	48	Strafford MO	2012	Frisco

FEMALE 50-54 (Sub 6:30:00)

4:10:42*	Lowrance	Becky	54	Branson MO	2012	Frisco
4:11:54	Lowrance	Becky	53	Branson MO	2011	Frisco
4:18:12a	Lowrance	Becky	52	Branson MO	2010	Frisco
4:46:12	McKinnis	Karen	53	Fair Grove MO	2016	Frisco
4:45:53	Schlegel	Michele	51	Festus MO	2022	Frisco
4:47:15	Calcagnino	Denise	50	Syracuse NY	2018	Frisco
4:56:02	Mohrmann	Rae	54	StL MO	2002	LBT
5:04:39	Schupp	Barbara	52	PV KS	2009	LBT
5:06:21	Weaver	Tonya	51	FayettevilleAR	2018	Sizzling6
5:08:55	Wilkinson	Connie	53	Joplin MO	2018	36 Hours
5:10:28	Wilkinson	Connie	52	Joplin MO	2017	36 Hours
5:17:48	Richards	Mary Lynne	50	Hannibal MO	2012	Northface
5:23:32	Nagel	Sharon	50	Theodosia MO	2015	Frisco
5:34:59	Orth	Angie	50	Ozark MO	2014	Frisco
5:38:59	Ruhs	Bobbie	51	Blair NE	2012	Northface
5:39:24	Bietau	Lisa	50	Manhattan KS	2009	LBT
5:42:52	Johann	Sandy	54	NA	2012	LBT
5:53:20	Pelfrey	Leah	51	Black Mtn NC	2021	Frisco
6:00:15	Bolte	Cyndy	53	New Haven MO	2011	Frisco
6:00:35	Shawhan	Rebecca	53	Springfield MO	2017	36 Hours
6:04:04	Foster	Emm	52	Republic MO	2011	Frisco
6:06:00	Kreeb	Kathi	53	Grovespring MO	2013	Frisco
6:06:59	Schuman	Darlene	52	Belton MO	2012	Northface
6:07:17	Ammon	Carolyn	52	PV KS	2009	LBT
6:10:32	Bellman	Laura	50	KC MO	2009	LBT
6:14:25	Reed	Tiffany	53	Smithville MO	2017	36 Hours
6:14:39	Ruhs	Bobbie	50	Blair NE	2011	LBT
6:16:47	Wright	Robin	51	KC MO	2012	Northface
6:17:48	Cummings	Lynette	52	Nixa MO	2019	Frisco
6:23:10	Phillips	Jana	52	Strafford MO	2016	Frisco
6:28:26	Geschwind	Caryl	53	Rochester MS	2018	36 Hours
6:29:17	Fox	Ruth	51	Manhattan KS	2008	LBT
6:29:41	Ruhs	Bobbie	50	Blair NE	2011	Northface

FEMALE 55-59 (Sub 7:00:00)

4:09:13*	Lowrance	Becky	55	Branson MO	2013	Frisco
4:38:32	McKinnis	Karen	55	Fair Grove MO	2018	Frisco
4:42:43	Schweitzer	Isabelle	58	Ithaca NY	2012	Frisco
5:38:25	Hanson	Beth	55	Brentwood MO	2021	Frisco
5:49:45	Ferguson	Chrissy	57	Maumelle AR	2018	Frisco
5:59:59a	Shafer	Jeniece	58	Fort Worth TX	2010	Frisco
6:02:23	Daniels	Daryl	57	IndependenceMO	2011	LBT
6:02:29	Bossert	Kristine	55	Ash Grove MO	2014	Frisco
6:10:09	Bossert	Kristine	56	Ash Grove MO	2015	Frisco
6:10:24	Rogers	Bridget	59	Nashville TN	2021	Frisco
6:11:36	Bossert	Kristine	59	Ash Grove MO	2018	Frisco
6:13:35	Bealmear	Kendra	55	KC MO	2012	Northface

6:21:48	Ferguson	Chrissy	58	Maumelle AR	2019	Frisco
6:23:08	Bossert	Kristine	57	Ash Grove MO	2016	Frisco
6:24:46	Fields	Miki	57	Newburgh IN	2021	Frisco
6:45:45	Noble	Karen	55	Springfield MO	2016	Frisco
6:46:32	Troisi	Cathy	56	SenecaFalls NY	2002	LBT
6:46:32	Elliott	Glendoria	57	Florissant MO	2021	Frisco
6:47:43	Murphy	Julie	58	Long Lane MO	2022	Frisco
6:51:07	Brattin	Valerie	59	St Charles MO	2021	Frisco
6:51:12	Bealmear	Kendra	56	KC MO	2014	Frisco
6:53:27	Stoecklein	Beth	56	Spring Hill KS	2001	LBT
6:54:22	Geary	Lisa	55	Marshfield MO	2021	Frisco
6:58:46	Ziegler	Kathy	57	Manchester MO	2018	Frisco

FEMALE 60-64

6:22:56*	Shaefer	Sharon	62	NewBlmfield MO	2015	Frisco
6:24:52	Shafer	Jeniece	60	Ft Worth TX	2012	Frisco
6:26:12	Troutman	Verna	60	BlueSprings MO	2003	LBT
6:30:17	Wilson	Sheree	61	Webb City MO	2017	36 Hours
6:33:21	Ritz	Mary	63	Cody WY	2018	Frisco
6:51:43	Stewart	Debbie	61	Ozark MO	2011	Kickin66
6:53:54	Abrahams	Linda	61	Branford CT	2013	Frisco
7:06:40	Smith	Debbie	64	Joplin MO	2021	Frisco
7:14:14	Nicholls	Sheri	60	Huntington AR	2021	Frisco
7:15:09	Miller	Irell	62	Springfield MO	2018	Frisco
7:38:35	Haynes	Deborah	62	Ashland MO	2021	Frisco
7:54:27	Smith	Chau	63	Oak Grove MO	2013	LBT

FEMALE 65-69

6:22:38*	Smith	Debbie	65	Joplin MO	2022	Frisco
6:42:56	Henke	Sandy	65	Lk in Hills IL	2019	Frisco
7:04:27	Wilson	Sheree	65	Webb City MO	2022	Frisco
7:17:34	Kramer	Kathryn	65	Germantown MO	2019	Frisco
8:44:57	Nepsted	Trudy	68	WestwdHills KS	1999	LBT
9:29:40	Nepsted	Trudy	69	WestwdHills KS	2000	LBT

FEMALE 70-74

7:57:10*	Otte	Mary	73	KC MO	1998	LBT
8:01:34	Goslin	Carol	74	KC MO	2019	Frisco
10:20:50	Nepsted	Trudy	71	WestwdHills KS	2002	LBT

FEMALE 75+

7:39:20*	Goslin	Carol	76	KC MO	2021	Frisco
8:58:58	Goslin	Carol	77	KC MO	2022	Frisco

MALE OPEN (Sub 4:00:00)

3:02:34	Wardian	Michael	37	Arlington VA	2011	Northface
3:15:13*	McDougal	Jordan	25	Warrenton MO	2012	Northface
3:23:48	Lavin	Travis	34	Golden CO	2022	Frisco
3:33:15	Nott	Todd	35	Plattsmouth NE	1999	LBT
3:34:48	Fisher	Dann	47	Manhattan KS	2010	LBT
3:35:24	Marshall	Andrew	39	KC MO	2021	Frisco
3:37:01	Helfenstein	Alain	28	Switzerland	2012	Northface
3:37:19	Langfitt	Colin	32	Republic MO	2021	Frisco
3:38:24	Leiboult	Richard	54	Ozark MO	2011	Frisco
3:38:57	Stack	Nathan	26	Lincoln NE	2011	Northface
3:41:13	Ayers	Rich	36	KC KS	1980	AAU
3:42:26	Nunn	W Sean	37	Raytown MO	2005	LBT

3:42:56	Presar	David	36	KC MO	1998	LBT
3:44:11	Zimmerman	Kevin	34	Springfield MO	2019	Frisco
3:44:32	Kreibach	Henry	35	NA	1980	AAU
3:45:23	Voldman	Dmitri	46	Overland Pk KS	1999	LBT
3:45:31	Nott	Todd	42	Plattsmouth NE	2006	LBT
3:48:00	Buehler	Gregg	40	Olathe KS	2011	Northface
3:48:33	Plucinski	Mark	52	Joplin MO	2007	LBT
3:49:33	Rueckert	Jesse	32	St Cloud MN	2012	Northface
3:50:36	Foster	Stephen	52	Webb City MO	2022	Frisco
3:50:59	Sigle	Ben	31	Manhattan KS	2011	Northface
3:51:52	Trnavsky	Robert	26	KC MO	2012	Northface
3:52:00	Tourret	Jean-Marie	43	Overland Pk KS	1999	LBT
3:52:27	Didier	Hannon	37	FtLeavenwrthKS	2012	Northface
3:54:26	Hellhake	Timothy	47	Independnce MO	2012	Northface
3:55:31	Petty	Clinton	49	Willard MO	2016	Frisco
3:56:10	Hankins	Grover	39	NA	1980	AAU
3:57:40	Hola	Tim	38	Littleton CO	2012	Northface
3:57:47	Fisher	Dann	37	Manhattan KS	2000	LBT

MALE 19 & UNDER

4:02:21*	Barger	Derrick	19	Willard MO	2019	Frisco
4:19:50	Barlett	Payton	17	Lake Ozark MO	2017	36 Hours
4:46:20	Gardner	Nicholas	18	Columbia MO	2012	Northface
5:13:44	Quintana	Alvaro Pino	19	KC MO	2012	Northface
6:39:04	St Clair	Samuel	17	Glencoe MO	2012	Northface

MALE 35-39 (Sub 4:40:00)

3:02:34	Wardian	Michael	37	Arlington VA	2011	Northface
3:32:17*	Smith	Darin	37	Liberty MO	2022	Old 210
3:33:15	Nott	Todd	35	Plattsmouth NE	1999	LBT
3:35:24	Marshall	Andrew	39	KC MO	2021	Frisco
3:41:13	Ayers	Rich	36	KC KS	1980	AAU
3:42:26	Nunn	W Sean	37	Raytown MO	2005	LBT
3:42:56	Presar	David	36	KC MO	1998	LBT
3:44:32	Kreibach	Henry	35	NA	1980	AAU
3:52:27	Didier	Hannon	37	FtLeavenwrthKS	2012	Northface
3:56:10	Hankins	Grover	39	NA	1980	AAU
3:57:40	Hola	Tim	38	Littleton CO	2012	Northface
3:57:47	Fisher	Dann	37	Manhattan KS	2000	LBT
4:04:57	Moon	Kenn	39	OP KS	2012	Northface
4:09:50	Sicher	Nathan	37	Joplin MO	2018	Sizzling6
4:13:45	Kasal	Jeffrey	36	StL MO	2012	Frisco
4:15:00	White	Byron	39	NA	1980	AAU
4:17:33	Wright	Steven	38	Nixa MO	2019	Frisco
4:20:27	Crisman	Mark	38	Manhattan KS	2001	LBT
4:22:24	Fisher	Dann	39	Manhattan KS	2002	LBT
4:24:34	Allen	Bart	39	Lenexa KS	2012	Northface
4:26:28	Dickens	Aaron	37	Van Buren AR	2018	Frisco
4:27:01	Weber	Josh	36	Westwood KS	2011	Northface
4:27:25	O'Neal	Creighton	35	Shawnee KS	2006	LBT
4:30:43	Crisman	Mark	38	Mulvane KS	2002	LBT
4:33:37	Amos	Kyle	36	Olathe KS	2011	LBT
4:36:00	Lind	Rick	35	Iola KS	1998	LBT
4:38:13	Scheer	Cory	36	Liberty MO	2012	Northface
4:38:29	Dayton	Frank	36	Manhattan KS	1999	LBT
4:38:55	Lazarus	Peter	37	LS MO	2006	LBT
4:39:42	Everhart	Dave	35	Shawnee KS	2012	Northface

4:39:43 Hay Bryan 38 KC MO 2012 Northface

MALE 40-44 (Sub 5:00:00)

3:45:31 Nott Todd 42 Plattsmouth NE 2006 LBT
3:48:00 Buehler Gregg 40 Olathe KS 2011 Northface
3:52:00 Turret Jean-Marie 43 Overland Pk KS 1999 LBT
4:01:02* Myers Randy 42 Lawson MO 2011 Northface
4:01:32 Nowacki Michael 43 San Diego CA 1998 LBT
4:05:21 Mays Jamie 42 Olathe KS 2011 Northface
4:08:41 Atwell Ken 44 Overland Pk KS 1980 AAU
4:12:25 Maness Paul 43 Springfield MO 2013 Frisco
4:14:29 Zacks Jeff 43 U City MO 2014 Frisco
4:16:00 Crisman Mark 42 Ft Meade MO 2006 LBT
4:16:22 Stafford Dan 44 Apex NC 2019 Frisco
4:17:05 Maher Ryan 40 Fenton MO 2022 Frisco
4:17:08 Scroggs Doug 43 NA 1980 AAU
4:18:10 Benz Dan 44 St Joseph MO 2014 LBT
4:19:04 Schneidewind Darin 40 Lyndon KS 2009 LBT
4:20:46 Schoenlaub Paul 44 St Joseph MO 2003 LBT
4:22:51 Witherspoon Jerry 44 BlueSprings MO 1980 AAU
4:24:12 Middaugh Chris 40 Lees Summit MO 2016 Frisco
4:26:09 Tripp Eric 40 Mtn View MO 2021 Frisco
4:26:16 Schubert Daniel 43 Springfield MO 2022 Frisco
4:30:23 Ampleman Jim 41 Springfield MO 2012 Frisco
4:30:52 Jones Chris 42 OP KS 2012 Northface
4:33:37 Miller Doug 40 Olathe KS 2011 LBT
4:36:08 Cassidy Bob 43 Leawood KS 2004 LBT
4:36:13 Reeves James 44 Bentonville AR 2013 Frisco
4:36:27 Slight Ryan 43 Springfield MO 2019 Frisco
4:36:49 Koeller Kris 40 New Canton IL 2012 Northface
4:37:08 Hertell Matthew 40 Manchester MO 2006 LBT
4:38:47a Lopez Robert 43 Seattle WA 2010 Frisco
4:39:16 Miller Doug 41 Olathe KS 2012 LBT
4:41:14 Maness Paul 44 Springfield MO 2014 LBT
4:41:54 Nosek Benjamin 43 Milton MA 2018 36 Hours
4:43:27 Johnson Stuart 44 Shawnee KS 2003 LBT
4:46:19 Roth Don 41 PrairieVllg KS 1980 AAU
4:47:34 Slight Ryan 42 Springfield MO 2018 Frisco
4:50:03 Wilde David 44 CpGirardeau MO 2018 Frisco
4:54:49 Murphy Dan 40 Smithville MO 2006 LBT
4:54:49 McGarvey Ronald 40 Columbia MO 2015 Frisco
4:55:56 Moore Wayne 44 Fenton MO 2012 Northface
4:56:50a Flaspohler Brian 42 StL MO 2010 Frisco
4:59:07 Mason Troy 42 Omaha NE 2005 LBT

MALE 45-49 (Sub 5:30:00)

3:34:48 Fisher Dann 47 Manhattan KS 2010 LBT
3:45:23 Voldman Dmitri 46 Overland Pk KS 1999 LBT
3:54:26* Hellhake Timothy 47 Independnce MO 2012 Northface
3:55:31 Petty Clinton 49 Willard MO 2016 Frisco
4:02:34 McCreight Scott 47 Leawood KS 2011 Northface
4:03:43 Scruggs Sam 49 KC MO 2012 Northface
4:11:56 Highfill Bob 49 NA 1980 AAU
4:14:26 House James 49 Jackson MS 2016 Frisco
4:16:31 Petty Clinton 48 Willard MO 2015 Frisco
4:27:09 Schmitt Craig 48 Smithville MO 2012 Northface
4:27:16 Bach Norm 45 MarshalltownIA 2012 Northface

4:28:20	Hughes	Kendall	49	Smithville MO	2011	Northface
4:32:28	Talon	Brian	46	Southington CT	2018	36 Hours
4:39:09	Henry	David	48	Omaha NE	2009	LBT
4:39:12	Wilbers	Chris	49	Springfield MO	2015	Frisco
4:40:27	Nguyen	Brett	45	Ft Smith AR	2014	Frisco
4:42:41	Turcotte	Alain	47	St Antonin CAN	2015	Frisco
4:43:00	Lewis	Jeff	48	Olathe KS	2012	Northface
4:43:37	Lundgren	Mike	48	Fairway KS	1999	LBT
4:43:42	Crane	Freddy	45	Desoto MO	2018	Frisco
4:45:41	Kircher	Eli	46	Billings MO	2018	Frisco
4:46:42	Foes	Jeffrey	46	Alton MO	2012	Frisco
4:47:13	Bader	Daniel	49	StL MO	2022	Frisco
4:48:22	Elliott	Tim	48	Spring Hill KS	2012	Northface
4:50:57	Barbee	Mark	49	Boston MA	2011	Northface
4:53:27	Woody	Jeff	47	Knoxville TN	2011	Northface
4:55:04	Lundgren	Mike	47	Fairway KS	1998	LBT
4:55:05	Mason	Troy	45	Omaha NE	2007	LBT
4:55:27	Mason	Troy	46	Omaha NE	2008	LBT
4:55:40	Mason	Troy	47	Omaha NE	2009	LBT
4:55:58	Wolf	Houston	49	Cordova TN	2013	Frisco
4:56:14	Wehling	Jeff	48	Springfield MO	2013	Frisco
4:56:22	Chappell	Ken	46	Lebanon MO	2014	Frisco
4:59:10	Prochelo	Gary	47	Leawood KS	2011	Northface
5:02:52	Clouse	Darrin	47	Battlefield MO	2018	Frisco
5:04:22	Ewers	Ken	46	Jeff City MO	2018	Frisco
5:05:47	Shives	Greg	49	OP KS	2012	Northface
5:05:49	McCreight	Scott	48	OP KS	2012	Northface
5:05:54	Klippenstein	Brian	48	Platte City NE	2011	LBT
5:09:47	Sammur	Wael	49	Raymore MO	2011	Northface
5:10:30	Bracker	Kevin	46	CarlJunctionMO	2015	Frisco
5:11:05	Mauro	Albert	45	KC MO	2012	Northface
5:11:16	Klippenstein	Brian	49	Platte City MO	2012	Northface
5:16:03	Fetter	Jimmy	46	Perkins OK	2018	Sizzling6
5:19:44	Hawks	Jay	47	Parsons KS	2017	36 Hours
5:21:59	Harris	James	48	GrainValley MO	2011	Northface
5:23:39	Holmes	Ben	45	Lenexa KS	2002	LBT
5:26:23	Hawks	Jay	46	Parsons KS	2016	Frisco
5:26:43	Cochran	Brian	45	FayettevilleAR	2016	Frisco
5:28:27	Harris	James	48	GrainValley MO	2011	LBT

MALE 50-54 (Sub 6:00:00)

3:38:24*	Leiboult	Richard	54	Ozark MO	2011	Frisco
3:48:33	Plucinski	Mark	52	Joplin MO	2007	LBT
4:02:44	Seymour	Jim	50	Ladue MO	2021	Frisco
4:20:27	Young	Steve	51	Jeff City MO	1998	LBT
4:22:35	Iversen	Mark	53	Mankato MN	2012	Northface
4:22:53	Weeks	John	51	Burnsville MN	2014	Frisco
4:26:26	Enearl	Brian	53	Mt Pleasant IA	2018	Frisco
4:27:45	Foes	Jeff	50	Alton MO	2016	Frisco
4:29:21	Boyd	Robert	53	NA	1980	AAU
4:34:19	Sammur	Wael	50	Raymore MO	2012	Northface
4:40:48	Schuman	Greg	54	Belton MO	2012	Northface
4:45:22	Stout	Nathan	51	OP KS	2012	Northface
4:56:25	Jones	Steve	50	LS MO	2013	LBT
4:52:50	Munson	John	54	OP KS	2011	Northface
5:01:12	Hanson	Scott	50	LakeQuivira KS	2010	LBT
5:02:00	Mason	Troy	50	Omaha NE	2010	LBT

5:02:30	Woelk	Linley	50 Marion IA	2006	LBT
5:07:22	Juskiewicz	Nicholas	51 Albuquerque NM	2012	Northface
5:09:21	Dobratz	Jeff	50 Hutchinson KS	2012	Northface
5:10:30	Schupp	Mike	53 PV KS	2004	LBT
5:10:36	Stumpff	Jim	54 OP KS	2012	Northface
5:12:24	Wendel	Jonathan	51 Ames IA	2006	LBT
5:13:59	Woolsey	Bill	54 KC MO	2006	LBT
5:16:23	Hurst	Craig	52 Raymore MO	2015	Frisco
5:17:32	Gray	Rodney	51 Springfield MO	2014	Frisco
5:18:23	Wehling	Jeff	54 Springfield MO	2018	36 Hours
5:19:52a	Sartwell	Joel	50 Columbia MO	2010	Frisco
5:20:08	Bracker	Kevin	50 Joplin MO	2019	Frisco
5:22:13	Sheldon	Jim	50 BonnerSprngsKS	2011	Northface
5:25:58	Chappell	Ken	51 Lebanon MO	2019	Frisco
5:27:15	McGuire	Dave	51 KS	2005	LBT
5:28:05	Embretson	Scott	53 Republic MO	2013	Frisco
5:28:27	Schupp	Mike	54 PV KS	2005	LBT
5:35:57	Sullivan	Jim	54 Orlando FL	2006	LBT
5:36:35	Vernon	Larry	53 Springfield MO	2017	36 Hours
5:40:57	Newman	David	52 Bentonville AR	2013	Frisco
5:41:39	Fleming	Bruce	52 Milwaukie OR	2019	Frisco
5:47:37	Carter	Gary	53 Parsons KS	2017	36 Hours
5:49:23	Richey	Glenn	54 St Joseph MO	2007	LBT
5:53:48	Timmons	Todd	50 Fort Smith AR	2011	Frisco
5:54:37	Cooper	Keith	50 Gladstone MO	2014	Frisco
5:58:15	Abramson	Mario	50 CO Springs CO	2011	Frisco
5:58:22c	Hollander	Richard	53 St Charles MO	2012	Northface

MALE 55-59 (Sub 6:10:00)

4:04:57	Munson	John	56 Olathe KS	2012	Northface
4:23:33*	Stubblefield	Lee	58 Cassville MO	2014	Frisco
4:23:44	Stubblefield	Lee	55 Cassville MO	2011	Kickin66
4:25:32	French	Harrison	56 Rogers AR	2016	Frisco
4:31:08	Baxter	Mike	56 Springfield MO	2011	LBT
4:36:28	Giles	David	59 Aurora MO	2015	Frisco
4:51:39	Ellis	Randy	59 Sapulpa OK	2011	Frisco
4:52:22	Beach	Ken	58 Raytown MO	2010	LBT
4:56:05	Fattman	Ken	56 OverlandParkKS	2011	LBT
4:57:33	Flott	Lance	55 OldSaybrook CT	2013	Frisco
5:02:01a	Richey	Glenn	57 Liberty MO	2010	Frisco
5:06:32	Schupp	Mike	58 PV KS	2009	LBT
5:07:32	Beach	Ken	59 Raytown MO	2011	Northface
5:07:47	Stubblefield	Lee	59 Cassville MO	2015	Frisco
5:08:11	Lehmer	Jim	57 Jeff City MO	2018	Frisco
5:10:59	Hogan	Dick	57 Des Moines IA	2003	LBT
5:18:39	Rogers	Jeff	55 Canyon MO	2015	Frisco
5:18:42	Beach	Ken	59 Raytown MO	2011	LBT
5:18:47	Hoehn	Kurt	55 Nokonis IL	2021	Frisco
5:25:35	Detore	Tom	58 Lenexa KS	2006	LBT
5:27:16	Aleman	Stephen	59 Springfield MO	2013	Frisco
5:28:40	Detore	Tom	59 Lenexa KS	2007	LBT
5:30:40	Lintvedt	Curtis	57 Exeter NH	2004	LBT
5:34:50	McNichols	James	56 Dyersburg TN	2021	Frisco
5:36:19	Horning	Steve	59 Independnce MO	2012	Northface
5:38:07	Steffen	Ernst	58 KC MO	2011	LBT
5:38:18	Bell	Dave	56 Highlands R CO	2018	36 Hours
5:40:03	Richey	Glenn	58 St Joseph MO	2011	Northface

5:47:55	Hogan	Dick	56	Des Moines IA	2002	LBT
5:49:36	Hogan	Dick	55	Des Moines IA	2001	LBT
5:50:55	Johnson	David	58	Odessa TX	2012	Frisco
5:51:16	Griffiths	Nile	58	StL MO	2012	Northface
5:59:50	Russell	Dean	55	Parkville MO	2011	LBT
6:09:52	Hickam	Terry	55	BlueSprings MO	2000	LBT

MALE 60-64 (Sub 6:50:00)

4:07:57*	Coeme	Henri	63	Neosho MO	2016	Frisco
4:25:33	Gilbert	Bruce	63	Lenexa KS	2012	Northface
4:36:34	Beach	Ken	60	KC MO	2013	Frisco
4:37:44	Gilbert	Bruce	61	Lenexa KS	2011	Northface
4:52:04	Beach	Ken	60	KC MO	2012	Northface
4:54:03	Keating	Rick	61	Bridgeton MO	2018	Frisco
5:16:10	Detore	Tom	63	Lenexa KS	2011	LBT
5:16:59	Woods	Bob	60	Baldwin KS	2011	Northface
5:17:42	Dewar	Bob	60	Springfield MO	2005	LBT
5:32:48a	Dewar	Bob	64	Springfield MO	2010	Frisco
5:36:35	McDermott	Jim	64	Camdenton MO	2018	Frisco
5:38:01	Hughes	Steve	63	Little Rock AR	2012	Frisco
5:39:45	Bukas	Randy	60	Flora IL	2016	Frisco
5:50:54	Risser	Robert	64	Cameron MO	2004	LBT
5:51:03	Harden	Jodie	60	Germantown TN	2014	Frisco
5:56:10	Meinking	Dennis	63	KC MO	2011	Northface
5:57:26	Cheffins	Tom	63	Shirley AR	2018	Frisco
6:00:20	Risser	Robert	63	Cameron MO	2003	LBT
6:06:26	Ravi	Nathan	61	ChesterfieldMO	2013	Frisco
6:07:35	Munson	Steve	61	Grangeville ID	2015	Frisco
6:11:51	Harden	Jodie	62	Germantown TN	2016	Frisco
6:14:02	Taylor	Edward	63	Pineville LA	2013	Frisco
6:14:21	Harrison	Keith	62	Rogersville MO	2018	36 Hours
6:17:05	Simpson	James	63	HuntngtnBch CA	2005	LBT
6:18:48	Martin	Brad	62	Branford CT	2013	Frisco
6:27:19	McCarthy	Denis	61	StL MO	2021	Frisco
6:28:10	Detore	Tom	62	Lenexa KS	2010	LBT
6:28:19	Grigg	Duane	60	Gainesville MO	2011	Kickin66
6:28:46	Moore	Arthur	62	Strongsvlle OH	1999	LBT
6:30:44	Grigg	Duane	64	Gainesville MO	2015	Frisco
6:36:25	Harrison	Keith	61	Rogersville MO	2017	36 Hours
6:41:02	Woods	Bob	63	Baldwin KS	2014	Frisco
6:42:38	Morgan	Paul	61	AltamonteSprFL	2002	LBT
6:47:09	Detore	Tom	61	Lenexa KS	2009	LBT
6:47:35	Grigg	Duane	60	Gainesville MO	2011	Frisco

MALE 65-69 (Sub 7:00:00)

4:10:29*	Coeme	Henri	68	Neosho MO	2021	Frisco
4:12:26	Coeme	Henri	69	Neosho MO	2022	Frisco
4:51:25	Coeme	Henri	65	Neosho MO	2018	36 Hours
5:27:56	Giles	David	66	Aurora MO	2022	Frisco
5:36:32	Dewar	Bob	65	Springfield MO	2011	Northface
5:41:58	Wollard	Allyn	66	Nixa MO	2017	36 Hours
5:58:42	Wollard	Allyn	67	Nixa MO	2018	36 Hours
6:00:54	Jolley	Dan	66	Springfield MO	2013	Frisco
6:09:52	Stauffer	Harry	66	Independnce MO	2000	LBT
6:26:04	Dewar	Bob	69	Springfield MO	2015	Frisco
6:35:23	Dewar	Bob	66	Springfield MO	2012	Frisco
6:45:41	Hill	Randall	68	FairviewHts IL	2012	Frisco

6:45:45 Dewar Bob 67 Springfield MO 2013 Frisco

MALE 70-74

6:14:55 Nino de Rivera Lajous, Carlos 70 Lincoln NE 2015 Frisco
6:42:30* Grigg Duane 70 Gainesville MO 2021 Frisco
6:48:58 Zirbel Glen 71 Ankeny IA 2001 LBT
6:52:10 Kolander Robert 70 Troy MO 2022 Frisco
6:52:52 Nino de Rivera Lajous, Carlos 71 Lincoln NE 2016 Frisco
6:53:07 Grigg Duane 71 Gainesville MI 2022 Frisco
7:27:02 Dewar Bob 70 Springfield MO 2016 Frisco
7:34:39 Dewar Bob 73 Springfield MO 2019 Frisco
7:36:22 Ingalls Frank 73 WichitaFallsTX 2018 Sizzling6
7:45:35 Dewar Bob 72 Springfield MO 2018 Frisco
7:53:16 Nino de Rivera Lajous, Carlos 74 Lincoln NE 2019 Frisco
8:20:58 Hodges Sherman 74 Glenview IL 2009 LBT
8:23:46 Nino de Rivera Lajous, Carlos 73 Lincoln NE 2018 Frisco
8:33:26 Bruckert Eugene 72 ArlingtnHts IL 2007 LBT

MALE 75+

8:16:44* Dewar Robert 76 Springfield MO 2022 Frisco

36 Hours 36 Hours of Jack-Carthage
AAU MO Valley AAU 50km-Blue Springs
Kickin66 Kickin' Route 66-Lebanon to Springfield (headwind 2011)
LBT Little Blue Trace Blue Springs 50 Km Trail Run
Frisco Frisco Highline Springfield 50 km
(aided course in 2010 only)
Old 210 Old 210 Classic-Liberty
Northface Northface Endurance Challenge-KC
Sizzling6 Sizzling Six Shooter-Carthage