

## MISSOURI USATF 10 MILE RECORDS

### FEMALE OPEN

57:05*	Fischer	Andrea	19 Hannibal MO	1982 CTC
57:33	Quigley	Colleen	28 Portland OR	2020 Frostbite
58:37	Werner	Taylor	20 Fayetteville AR	2018 Frostbite
59:48	Kohnen	Julia	26 StL MO	2018 Frostbite
60:23	Bulman	Liz	25 Columbia MO	1984 CTC
60:34	Cunningham	Megan	24 Pacific MO	2019 Frostbit
61:05	Johns	Amy	17 Columbia MO	1978 CTC
61:55	West	Anna	18 Chesterfield MO	2016 Frostbite
62:22	Cary	Lisa	30 Eureka MO	2014 Frostbite
62:50	Dannan	Sara	38 StL MO	2019 Frostbite
62:50	Perry	Jill	41 StL MO	2019 Frostbite
63:02	Bulman	Liz	24 Columbia MO	1983 CTC
64:21	Tarantino	Laura	21 Ballwin MO	2016 Frostbite
64:53	Tarantino	Laura	23 Ballwin MO	2018 Frostbite
65:05	Notarianni	Tara	23 KC MO	2016 MORaceLongview
65:20	Handschy	Elizabeth	22 Eldon MO	2014 Frostbite
65:24	Elmore	Hailee	30 StL MO	2018 Frostbite
65:27	Doolittle	Dorothy	NA Columbia MO	1977 CTC
65:36	Hall	Jackie	37 St Charles MO	2019 Frostbite
65:37	Quigley	Colleen	27 Portland OR	2019 Frostbite
65:44	Smith	Sadie	42 Kirkwood MO	2021 Frostbite
66:09	Burnell	Sarah	26 Northampton NA	2018 Frostbite
66:17	Ibbetson	Sara	38 Ozark MO	2019 Sweatfest
66:37	Reitz	Julie	40 St Charles MO	2018 Frostbite
66:48	Marxkors	Amy	36 Pacific MO	2019 Frostbite
66:57	Notarianni	Tara	22 KC MO	2015 MORaceKC
67:14	Reed	Mikayla	15 Augusta MO	2015 Frostbite
67:27	Kriegshauser,	Courtney	20 Southlake TX	2015 Frostbite
67:28	Reisman	Christine	33 Ladue MO	2018 Frostbite
67:29	Fritzie	Kim	39 OP KS	2003 HomeRun
67:49	Ende	Lily	21 Lake StL MO	2021 Frostbite
68:04	Reed	Mikayla	16 Augusta MO	2016 Frostbite
68:10	Timmons	Mary	27 Chesterfield MO	2021 Frostbite
68:29	Nelson	Cassie	33 Tinton Falls NJ	2019 Frostbite
68:29	Reisman	Christine	36 StL MO	2021 Frostbite
68:36	Steurer	Jeanne	47 StL MO	2021 Frostbite
68:38	Menghini	Krista	22 Fenton MO	2015 Frostbite
68:38	Menghini	Melissa	17 Fenton MO	2015 Frostbite
68:42	Ibbetson	Sara	34 Ozark MO	2015 MORaceSprngfld
68:43	Keller	Maddie	22 Troy IL	2021 Frostbite
68:44	Johnson	Kathleen	45 Leawood KS	2002 HomeRun
68:49	Jacobs	Kimberly	35 Republic MO	2010 Frisco
68:51	Johns	Amy	16 Columbia MO	1977 CTC
68:52	Timmons	Mary	25 Creve Couer MO	2019 Frostbite
69:01	Clough	Liz	NA NA	1980 CTC
69:08	Filla	Laura	32 Eureka MO	2021 Frostbite
69:17	Fischer	Alexis	19 Jeff City MO	2021 Frostbite
69:19	Lindsay	Erica	22 St Charles MO	2021 Frostbite
69:20	Krause	Leah	22 St Charles MO	2015 Frostbite
69:20	Schlep	Riley	19 StL MO	2019 Frostbite
69:31	Chen	Jackie	47 Ft Leonard Wood MO	2010 Frisco
69:31	Reckelhoff	Angela	36 Troy IL	2016 Frostbite
69:37	Lanter	Emily	33 Park City UT	2015 MORaceStL

69:37	Jokisch	Aleta	26 Tucson AZ	2016 Frostbite
69:42	Livingood	Ashley	25 Maroa IL	2017 Frostbite
69:54	Hoxworth	Debbie	23 Columbia MO	1981 CTC
69:57	Reitz	Julie	37 St Charles MO	2015 Frostbite
69:58	Van Cleve	Sarah	25 Princeton NY	2014 Frostbite
69:59	Petersen	Jillian	35 Gig Harbor ME	2018 Frostbite
70:00	Baird	Carolyn	29 StL MO	2018 Frostbite
70:00	O'Leary	Marie	27 St Peters MO	2018 Frostbite

FEMALE 7-8

92:41*	Wagner	Nicole	08 Columbia MO	1978 CTC
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FEMALE 12-13

94:40*	Meyer	Grace	12 StL MO	2015 Frostbite
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FEMALE 14-15

67:14*	Reed	Mikayla	15 Augusta MO	2015 Frostbite
71:45	Reed	Mikayla	14 Augusta MO	2014 Frostbite
77:07	Stewart	Claire	14 St Charles MO	2019 Frostbite
80:53	Thomasson	Billie	14 KC MO	2012 Blues
81:41	Marcum	Isabella	15 Arnold MO	2020 Frostbite
83:05	Bensky	Lila	15 StL MO	2015 Frostbite
87:23	Marcum	Isabella	14 Arnold MO	2019 Frostbite
87:39	Wichlac	Sophie	14 O'Fallon IL	2016 Frostbite
87:39	Jordan	Emma	15 Shiloh IL	2016 Frostbite
87:59	Ramires	Mercedes	15 Dupo IL	2016 Frostbite

FEMALE 16-17

61:05*	Johns	Amy	17 Columbia MO	1978 CTC
68:04	Reed	Mikayla	16 Augusta MO	2016 Frostbite
68:28	Menghini	Melissa	17 Fenton MO	2015 Frostbite
68:51	Johns	Amy	16 Columbia MO	1977 CTC
74:43	Vidder	Amy	17 Nixa MO	2017 Sweatfest
75:17	Quarton	Caroline	17 Litchfield IL	2018 Frostbite
76:32	Jacknewitz	Marisa	16 Richmond Hts MO	2019 Frostbite
77:24	Meyer	Grace	16 Highland MO	2019 Frostbite
77:24	Loeh	Julia	16 Highland MO	2019 Frostbite
77:37	Martin	Aimee	17 Arnold MO	2017 Frostbite
80:19	Antonelli	Kirra	17 House Springs MO	2014 Frostbite
81:16	Vorce	Maddy	16 O'Fallon IL	2018 Frostbite
81:30	Skubiz	Catherine	16 Kirkwood MO	2016 Frostbite

FEMALE 18-19

57:05*	Fischer	Andrea	19 Columbia MO	1982 CTC
61:55	West	Anna	18 Chesterfield MO	2016 Frostbite
69:17	Fischer	Alexis	19 Jeff City MO	2021 Frostbite
69:20	Schlep	Riley	19 StL MO	2019 Frostbite
72:43	Lynn	Elizabeth	18 Edwardsville IL	2015 Frostbite
73:25	Wakeland	Allison	19 Hillsboro MO	2019 Frostbite
73:51	Ende	Lily	19 Kirksville MO	2019 Frostbite
74:08	Marker	Elise	18 StL MO	2014 Frostbite
74:53	Hinton	Jordan	18 Fenton MO	2017 Frostbite

FEMALE 35-39 (TT = 78)

62:50*	Dannan	Sara	38 StL MO	2019 Frostbite
65:36	Hall	Jackie	37 St Charles MO	2019 Frostbite
66:17	Ibbetson	Sara	38 Ozark MO	2019 Sweatfest

66:48	Marxkors	Amy	36 Pacific MO	2019 Frostbite
67:29	Fritzie	Kim	39 OP KS	2003 HomeRun
68:29	Reisman	Christine	36 StL MO	2021 Frostbite
68:49	Jacobs	Kimberly	35 Republic MO	2010 Frisco
69:31	Reckelhoff	Angela	36 Troy IL	2016 Frostbite
69:57	Reitz	Julie	37 St Charles MO	2015 Frostbite
69:59	Petersen	Jillian	35 Gig Harbor ME	2018 Frostbite
71:26	Crutchfield	Julie	38 Wilmington	2019 Frostbite
72:22	Williams	Elizabeth	36 StL MO	2014 Frostbite
72:31	Dingley	Nicole	35 KC MO	2012 Blues
73:00	Boyles	Susan	37 Columbia MO	1979 CTC
73:09	Cawein	Lauren	35 StL MO	2021 Frostbite
73:52	Sides	Shannon	39 StL MO	2021 Frostbite
73:57	Wrigley	Nicole	37 Chicago IL	2014 Frostbite
74:46	Schmid	Laura	36 Arnold MO	2019 Frostbite
75:36	Sides	Shannon	37 StL MO	2019 Frostbite
75:42	Edwards	Kristi	36 Springfield MO	2016 Sweatfest
75:57	Longmeyer	Julie	35 StL MO	2014 Frostbite
76:01	Schliep	Erin	36 Columbia MO	2020 Pandemic
76:03	Etter	Lisa	37 Festus MO	2019 Frostbite
76:07	Russell	Ann-Marie	38 StL MO	2020 Frostbite
76:35	Russell	Ann-Marie	39 StL MO	2021 Frostbite
77:05	Van Bree	Andrea	37 St Charles	2019 Frostbite
77:25	Berty	Emily	35 StL MO	2016 Frostbite
77:41	Kowalik	Kara	36 PV KS	2012 Blues
77:49	Russell	Anne-Marie	37 StL MO	2019 Frostbite
78:01	Ismert	Bridget	35 PV KS	2012 Blues

FEMALE 40-44 (TT = 80)

62:50*	Perry	Jill	41 StL MO	2019 Frostbite
65:44	Smith	Sadie	42 Kirkwood MO	2021 Frostbite
66:37	Reitz	Julie	40 St Charles MO	2018 Frostbite
73:38	Balfe	Molly	42 Portland OR	2021 Frostbite
73:47	Gilkison	Anna	40 St Charles MO	2014 Frostbite
74:01	Stevener	Cathy	41 StL MO	2019 Frostbite
74:17	Belmore	Jennifer	40 LS MO	2012 Blues
75:07	Oldeg	Paula	40 StL MO	2015 MORaceStL
75:38	Oldeg	Paula	40 StL MO	2014 Frostbite
75:48	Teague	Stephanie	41 Fenton MO	2009 Meramec
75:51	Vargas	Consuelo	43 StL MO	2018 Frostbite
75:56	Plante	Jennifer	41 Carver MA	2015 Frostbite
76:00	Jackson	Kara	40 StL MO	2017 Frostbite
76:19	Stiles	Christina	43 O'Fallon MO	2018 Frostbite
76:35	Clark	Kristin	41 Ballwin MO	2018 Frostbite
76:43	Jones	Anna	44 St Peters MO	2015 MORaceOfFallon
77:23	Jones	Anna	43 St Peters MO	2014 Frostbite
77:38	Longmeyer	Julie	41 StL MO	2020 Frostbite
78:01	Waigand	Dianne	41 Arnold MO	2014 Frostbite
78:08	Hagemann	Andrea	41 StL MO	2019 Frostbite
78:10	Jones	Anna	44 St Peters MO	2015 MORaceStL
78:11	Balfe	Molly	40 Portland OR	2019 Frostbite
78:15	Klingensmith, Emily	yi	44 Edwardsville IL	2019 Frostbite
78:23	Sanborn	Beth	41 Ellisville MO	2014 Frostbite
78:46	Jones	Anna	44 St Peters MO	2015 Frostbite
79:11	Peltier	Michelle	43 Chesterfield MO	2014 Frostbite
79:20	Stumbo	Traci	43 W Des Moines IA	2012 Blues
79:20	Oldeg	Paula	42 StL MO	2016 Frostbite

79:30	Stallings	Christina	40 StL MO	2017 Frostbite
79:41	Clark	Kristin	42 Ballwin MO	2019 Frostbite

FEMALE 45-49 (TT = 84)

68:36*	Steurer	Jeanne	47 StL MO	2021 Frostbite
68:44	Johnson	Kathleen	45 Leawood KS	2002 HomeRun
69:31	Chen	Jackie	47 Ft Leonard Wood MO	2010 Frisco
72:12	Erman	Beth	46 Brentwood MO	2014 Frostbite
75:24	Erman	Beth	47 Brentwood MO	2015 Frostbite
75:46	Fasbinder	Shirley	46 Olivette MO	2016 Frostbite
76:30	Matheny	Gigi	46 StL MO	2009 Meramec
76:37	Rapp	Kathryn	49 Webster Groves MO	2015 Frostbite
76:53	Jones	Anna	48 St Peters MO	2019 Frostbite
77:45	Aquila	Suzanne	48 Bloomington IN	2015 Frostbite
77:55	Wilmes	Rebecca	46 Columbia MO	2021 Frostbite
79:52	Rebmann	Terri	49 Fenton MO	2019 Frostbite
79:58	Peltier	Michelle	48 Chesterfield MO	2019 Frostbite
80:25	Walton	Emily	48 O'Fallon IL	2016 Frostbite
80:37	Koenig	Ann	48 Columbia MO	2021 Cheese&S
80:38	Wesolowski	Linda	48 StL MO	2020 Frostbite
80:50	Rebmann	Terri	48 Fenton MO	2018 Frostbite
80:50	Feng	Xuehui	48 StL MO	2018 Frostbite
81:04	Lin	Ling	49 StL MO	2021 Frostbite
81:10	Peltier	Michelle	49 StL MO	2020 Frostbite
81:19	Rebmann	Terri	45 Fenton MO	2015 Frostbite
81:22	Dewey	Kate	46 Chesterfield MO	2014 Frostbite
81:28	Peltier	Michelle	47 Chesterfield MO	2018 Frostbite
81:36	True	Stephanie	49 StL MO	2014 Frostbite
82:08	Jones	Anna	45 St Peters MO	2016 Frostbite
82:11	Schultz	Sherri	47 Chesterfield MO	2016 Frostbite
82:59	Schultz	Sherri	45 Chesterfield MO	2014 Frostbite
83:06	Stiles	Christina	45 O'Fallon IL	2020 Frostbite
83:44	Strausbaugh	Laura	47 Springfield MO	2017 Sweatfest
83:45	Wms-Mrotek	Christine	49 StL MO	2015 MORaceStL

FEMALE 50-54 (TT = 85)

74:31*	Kerber	Debbie	50 Chesterfield MO	2015 MORaceStL
75:33	Wright	Carol	50 Wildwood MO	2009 Meramec
76:25	Kerber	Debbie	50 Chesterfield MO	2014 Frostbite
76:40	Dillon	Michelle	50 Clayton MO	2014 Frostbite
77:54	McKinnis	Karen	53 Fair Grove MO	2016 MORaceLongview
78:06	Grench	Dawn	54 Olivette MO	2015 Frostbite
79:11	Letourneau	Rae	50 Olathe KS	2012 Blues
79:37	Lucas-Foster,	Heather	53 Columbia IL	2021 Frostbite
79:50	Myer	Kathe	51 Ladue MO	2016 Frostbite
80:46	McKinnis	Karen	53 Fair Grove MO	2016 MORaceColumbia
82:03	Underwood	Deann	54 Princeton IL	2016 MORaceJeffCity
82:13	Gonzales	Eva	53 StL MO	2014 Frostbite
82:17	McKinnis	Karen	53 Fair Grove MO	2016 MORaceJoplin
82:40	Peltier	Michelle	50 StL MO	2021 Frostbite
82:53	Meckfessel	Michele	50 Edwardsville IL	2019 Frostbite
83:06	Meara	Erin	51 StL MO	2020 Frostbite
83:32	Meara	Erin	50 StL MO	2019 Frostbite
84:40	Rainbolt	Julianne	51 StL MO	2014 Frostbite
84:41	Mosher	Anne Marie	50 Florissant MO	2019 Ferguson
84:49	Perry	Janna	50 Troy MO	2019 Frostbite

## FEMALE 55-59 (TT = 1:31:00)

1:16:18*	Moeller	Beth	56 StL MO	2020 Frostbite
1:17:04	Myer	Kathe	55 StL MO	2020 Frostbite
1:18:18	Torri	Wendy	57 StL MO	2018 Frostbite
1:18:27	Myer	Kathe	56 StL MO	2021 Frostbite
1:18:45	Grench	Dawn	55 Ladue MO	2016 Frostbite
1:19:42	Dillon	Michelle	57 StL MO	2021 Frostbite
1:20:00	Kerber	Debbie	57 Chesterfield MO	2021 Frostbite
1:21:45	McKinnis	Karen	55 Fair Grove MO	2018 Sweatfest
1:22:16	Gaudet	Cindy	59 Chesterfield MO	2014 Frostbite
1:22:51	Dillon	Michelle	56 StL MO	2020 Frostbite
1:23:01	Kerber	Debbie	56 Chesterfield MO	2020 Frostbite
1:23:05	Peipert	Joyce	55 Clayton MO	2014 Frostbite
1:24:20	Harsh	Janet	55 OP KS	2012 Blues
1:24:57	Neaville	Eva	57 StL MO	2018 Frostbite
1:25:11	Wang	Cynthia	57 StL MO	2018 Frostbite
1:25:38	Devitt	Elizabeth	59 StL MO	2020 Frostbite
1:26:04	Li	Chunguang	56 St Peters MO	2018 Frostbite
1:28:00	Li	Chunguang	55 St Peters MO	2017 Frostbite
1:28:59	Jansen	Patty	55 Mason IL	2020 Frostbite
1:29:12	Neaville	Eva	55 StL MO	2016 Frostbite
1:29:12	Long	Sandy	58 Chesterfield MO	2018 Frostbite
1:29:13	Neaville	Eva	56 StL MO	2017 Frostbite
1:29:22	Brandt	Lisa	55 NA	2018 Frostbite
1:29:29	Magre	Kelli	57 Festus MO	2019 Frostbite
1:29:37	Carroll	Kathy	56 Springfield MO	2016 Sweatfest
1:29:38	Moore	Ellen	55 Leavenworth KS	2012 Blues
1:30:44	Becker	Joan	56 StL MO	2018 Frostbite
1:30:49	Wms-Mrotek	Christine	55 StL MO	2020 Frostbite
1:30:50	Herder	Lisa	56 StL MO	2014 Frostbite
1:30:54	Griesediek	Marianne	57 StL MO	2019 Frostbite

## FEMALE 60-64 (TT = 1:44:00)

1:16:01*	Taube	Nancy	60 Columbia MO	2020 Pandemic
1:17:04	Wickstrom	Andriette	61 Storm Lake IA	2016 MORaceLongview
1:20:30	Taube	Nancy	61 Columbia MO	2021 Cheese&S
1:25:01	Fix	Mary Kath	64 St Peters MO	2021 Frostbite
1:30:30	Lampe	Carol	61 StL MO	2014 Frostbite
1:31:39	Halenkamp	Ann	61 StL MO	2016 Frostbite
1:31:54	Salazar	Berette	63 StL MO	2014 Frostbite
1:32:11	Heagney	Kathleen	63 StL MO	2014 Frostbite
1:33:58	Wunderlich	Sheryl	62 Brentwood MO	2018 Frostbite
1:34:00	Berkowitz	Linda	60 Ballwin MO	2009 Meramec
1:36:40	Salazar	Berette	64 StL MO	2015 Frostbite
1:37:20	Kearns	Janice	60 Chesterfield MO	2014 Frostbite
1:37:38	Honigfort	Linda	60 StL MO	2016 Frostbite
1:38:20	Heddinghaus	Carol	62 Rolla MO	2015 MORaceOfallon
1:38:48	Loftus Freeman,	Mary	60 NA	2012 Blues
1:39:03	Lin	Sophia	60 Chesterfield MO	2019 Frostbite
1:39:25	Heagney	Kathleen	64 StL MO	2015 Frostbite
1:39:39	Heddinghaus	Carol	62 Rolla MO	2015 MORaceLS
1:39:40	Heddinghaus	Carol	62 Rolla MO	2015 MORaceStL
1:39:47	Lin	Sophia	61 Chesterfield MO	2020 Frostbite
1:40:35	Heddinghaus	Carol	62 Rolla MO	2015 MORaceColumbia
1:41:30	Heddinghaus	Carol	62 Rolla MO	2015 MORaceSprngfld
1:42:03	Sullivan	Wendy	63 Duluth MN	2021 Frostbite
1:42:41	Heddinghaus	Carol	62 Rolla MO	2016 MORaceLongview

1:43:28	Taylor	Linda	60 StL MO	2015 Frostbite
1:43:58	Brewer	Sandy	63 MD Heights MO	2012 Blues

FEMALE 65-69 (TT = 2:00:00)

1:29:45*	Mohrmann	Rae	68 StL MO	2016 Frostbite
1:30:55	Mohrmann	Rae	66 StL MO	2014 Frostbite
1:31:12	Mohrmann	Rae	67 StL MO	2015 Frostbite
1:35:05	Salazar	Berette	65 StL MO	2016 Frostbite
1:35:44	Heagney	Kathleen	65 StL MO	2016 Frostbite
1:35:45	Mohrmann	Rae	69 StL MO	2017 Frostbite
1:43:27	Heagney	Kathleen	67 StL MO	2018 Frostbite
1:43:43	Heagney	Kathleen	66 StL MO	2017 Frostbite
1:43:58	Salazar	Berette	66 StL MO	2017 Frostbite
1:44:09	Bourey	Alison	67 StL MO	2014 Frostbite
1:49:11	Lester	Karen	68 StL MO	2014 Frostbite
1:49:19	Stiles	Debbie	65 StL MO	2014 Frostbite
1:50:10	Botkin	Donna	65 Manchester MO	2018 Frostbite
1:50:19	Brown	Nancy	67 Foristell MO	2016 Frostbite
1:51:46	Berkowitz	Linda	66 Ballwin MO	2015 Frostbite
1:54:28	Botkin	Donna	66 Manchester MO	2019 Frostbite
1:55:24	Gierer	Terri	66 St Charles MO	2019 Frostbite
1:55:57	Lester	Karen	69 StL MO	2015 Frostbite
1:57:47	Bourey	Alison	68 StL MO	2015 Frostbite
1:58:44	Gierer	Terri	67 St Charles MO	2020 Frostbite
1:58:47	Stiles	Debbie	67 StL MO	2016 Frostbite

FEMALE 70-74 (TT = 2:12:00)

1:31:51*	Mohrmann	Rae	70 StL MO	2018 Frostbite
1:33:22	Mohrmann	Rae	72 StL MO	2020 Frostbite
1:34:33	Mohrmann	Rae	73 StL MO	2021 Frostbite
1:36:34	Mohrmann	Rae	71 StL MO	2019 Frostbite
1:57:10	Berkowitz	Linda	70 Ballwin MO	2019 Frostbite
1:58:31	Bourey	Alison	71 StL MO	2018 Frostbite
2:06:25	Bourey	Alison	70 StL MO	2017 Frostbite
2:07:11	Troutman	Verna	72 Blue Springs MO	2016 MORaceLongview
2:07:12	Stiles	Deborah	70 StL MO	2019 Frostbite
2:08:22	Bourey	Alison	72 StL MO	2019 Frostbite
2:11:27	Lester	Karen	73 StL MO	2019 Frostbite

FEMALE 75-79

2:05:39	Hock	Midge	75 Belleville IL	2016 Frostbite
2:43:03	Turner	Susan	78 StL MO	2019 Ferguson
2:51:58	Turner	Susan	76 U City MO	2016 Frostbite
2:55:26	Turner	Susan	75 U City MO	2015 Frostbite
3:04:00	Turner	Susan	79 Clayton MO	2019 Frostbite

FEMALE 80+

3:07:05	Turner	Susan	81 StL MO	2021 Frostbite
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## MALE OPEN

48:34*	Makepeace	Euan	24	StL MO	2021	Frostbite
52:03*	Happe	Nick	24	St Charles MO	2014	Frostbite
52:30	Freudenburg	Zac	36	StL MO	2014	Frostbite
52:45	Mann	Jordan	23	Providence RI	2016	Frostbite
52:48	Roderique	Adam	22	Ballwin MO	2016	Frostbite
53:24	Evans	Charlie	22	Columbia MO	1977	CTC
53:32	McMullen	Charlie	23	Springfield MO	1977	CTC
53:38	Mann	Jordan	24	Providence RI	2017	Frostbite
53:54	Del Rosso	Austin	21	Ballwin MO	2016	Frostbite
53:59	Broadbooks	Jerod	21	Wildwood MO	2018	Frostbite
54:05	Hacker	Rikki	25	OP KS	2003	HomeRun
54:10	Hutson	Greg	31	StL MO	2016	Frostbite
54:11	Ahmed	Firaol	19	High Ridge MO	2021	Frostbite
54:12	Roderique	Adam	23	Ballwin MO	2017	Frostbite
54:16	Yunker	Jerry	23	Columbia MO	1978	CTC
54:24	Crowe	Austin	23	Wentzville MO	2021	Frostbite
54:26	Childs	Denton	27	Springfield MO	1977	CTC
54:27	Broadbooks	Jerod	20	Wildwood MO	2017	Frostbite
54:33	Yunker	Jerry	22	Columbia MO	1977	CTC
54:40	Lawder	Matthew	27	StL MO	2015	Frostbite
54:40	Fussner	Michael	46	Ballwin MO	2021	Frostbite
54:51	Del Rosso	Austin	26	Fort Worth TX	2021	Frostbite
54:52	Power	Rex	23	Columbia MO	1979	CTC
54:57	Abdi	Omar	28	StL MO	2020	Frostbite
55:05	Cernik	Colin	23	KC KS	2017	Frostbite
55:06	Williams	Dillon	22	StL MO	2017	Frostbite
55:08	West	Jordan	22	Chesterfield MO	2016	Frostbite
55:19	Fussner	Michael	45	Ballwin MO	2020	Frostbite
55:22	Goodrich	Bob	38	Jeff City MO	1983	CTC
55:26	Lofe	Don	NA	NA	1977	CTC
55:26	Aitken	Mike	37	St Ann MO	2019	Frostbite
55:36	Stewart	Dennis	30	Higginsville MO	1979	CTC
55:36	Lawder	Matthew	26	StL MO	2014	Frostbite
55:44	Weston	John	NA	NA	1980	CTC
55:53	Fyfe	Tim	22	NA	1980	CTC
55:53	Naeger	Benjamin	20	Ste Genevieve MO	2018	Frostbite
55:56	Stroot	Nate	28	LS MO	2003	HomeRun
56:04	McMillan	Erik	19	CO Springs CO	2016	Frostbite
56:07	Bogue	Cameron	23	LS MO	2016	Frostbite
56:14	Roderique	Adam	21	Ballwin MO	2015	Frostbite
56:30	Lang	Kent	20	Warrensburg MO	1982	CTC
56:32	Boyle	Zach	28	Chesterfield MO	2019	Frostbite
56:35	Hessler	Dick	34	Columbia MO	1975	CTC
56:35	LaFontaine	Tom	33	Columbia MO	1979	CTC
56:35	Kelsay	Bill	NA	NA	1980	CTC
56:35	Stults	Daniel	29	StL MO	2014	Frostbite
56:36	Stebbins	Norm	32	Columbia MO	1979	CTC
56:43	McKinley	Zachary	21	St Charles MO	2018	Frostbite
56:44a	Reed	Anthony	25	KC MO	2011	Frisco
56:54	Senseman	Eric	26	Kirkwood MO	2015	Frostbite
56:55	Smith	Kirk	21	StL MO	2016	Frostbite
57:23	Lee	Derek	26	Springfield MO	2017	Frostbite
57:25	Broadbooks	Jerod	19	Wildwood MO	2016	Frostbite
57:27	LaFontaine	Tom	37	Columbia MO	1983	CTC
57:30	Renaud	Walt	45	Fulton MO	1976	CTC
57:32	Sullivan	Adam	36	StL MO	2016	Frostbite

57:34	Hacker	Rikki	35 PV KS	2012 Blues
57:36	McMillan	Erik	20 USAF Academy CO	2017 Frostbite
57:37	Dedert	Cass	25 StL MO	2018 Frostbite
57:38	Callahan	Connor	23 Chesterfield MO	2014 Frostbite
57:38	Bogue	Cameron	21 O'Fallon MO	2014 Frostbite
57:40	Lewis	Don	43 Columbia MO	1979 CTC
57:44	Muchow	Marty	37 Lansing KS	2003 HomeRun
57:48	Kelly	William	20 Ballwin MO	2018 Frostbite
57:51a	Rono	Jonathan	26 Springfield MO/KEN	2011 Frisco
57:57	Stewart	Dennis	31 Higginsville MO	1980 CTC
58:01	O'Connell	Bob	31 Jeff City MO	1980 CTC
58:01	O'Connell	Bob	35 Jeff City MO	1984 CTC
58:03	Lewis	Don	39 Columbia MO	1975 CTC
58:03	Goodrich	Bob	35 Jeff City MO	1980 CTC
58:09	Kruse	Mike	NA NA	1978 CTC
58:09	Bryant	Dan	NA NA	1979 CTC
58:10	Callahan	Connor	30 StL MO	2021 Frostbite
58:11	Kimball	Mark	NA NA	1977 CTC
58:12	Hemphill	John	NA NA	1980 CTC
58:13	Mittelhauser	Jeff	23 Sedalia MO	1980 CTC
58:14	Teeter	Charlie	18 Webster Groves MO	2019 Frostbite
58:15	Smith	Kirk	20 StL MO	2015 Frostbite
58:23	Biondo	Frankie	21 Wildwood MO	2016 Frostbite
58:29	Balmer	Joseph	33 StL MO	2015 Frostbite
58:30	Mittelhauser	Jeff	21 Sedalia MO	1978 CTC
58:30	Hessler	Dick	38 Columbia MO	1979 CTC
58:30	Power	Rex	26 Columbia MO	1978 CTC
58:31	Balmer	Joseph	34 StL MO	2016 Frostbite
58:35	Stebbins	Norm	38 Columbia MO	1984 CTC
58:37	Koester	Kevin	16 House Springs MO	2016 Frostbite
58:38	Londeree	Ben	44 Columbia MO	1978 CTC
58:38	Hessler	Dick	37 Columbia MO	1978 CTC
58:39	Goodrich	Bob	36 Jeff City MO	1981 CTC
58:41	LaFontaine	Tom	32 Columbia MO	1978 CTC
58:43	Lewis	Don	42 Columbia MO	1978 CTC
58:43	Lewis	Don	41 Columbia MO	1977 CTC
58:47	Yoch	Jon	31 Glen Carbon IL	2019 Frostbite
58:48	Lewis	Don	45 Columbia MO	1981 CTC
58:58	Lewis	Don	44 Columbia MO	1980 CTC
58:59	Maxey	Bruce	22 Mexico MO	1978 CTC
59:01	Parker	Orion	19 Rolla MO	2021 Frostbite
59:02	LaFontaine	Tom	31 Columbia MO	1977 CTC
59:02	Duchatschek	Clayton	16 Washington MO	2015 Frostbite
59:03	Difani	Jason	42 Kirkwood MO	2021 Frostbite
59:04	Beam	NA	NA NA	1978 CTC
59:05	Lewis	Don	47 Columbia MO	1983 CTC
59:05	Pratt	Aiden	23 Salt Lake City UT	2021 Frostbite
59:07	Finders	Kirby	28 NA	1982 CTC
59:08	Billington	Tom	NA NA	1980 CTC
59:10	Stebbins	Norm	36 Columbia MO	1983 CTC
59:13	Hessler	Dick	39 Columbia MO	1980 CTC
59:14	Mullins	Joshua	30 Farmington MO	2018 Frostbite
59:15	Smock	Andrew	16 StL MO	2020 Frostbite
59:16	Cormier	Thomas	17 Clayton MO	2016 Frostbite
59:17	McPherson	Christopher	40 StL MO	2021 Frostbite
59:20	Loseman	Chris	26 St Charles MO	2014 Frostbite
59:21	Londeree	Ben	42 Columbia MO	1976 CTC



59:21	Callahan	Connor	24	Chesterfield MO	2015	Frostbite
59:24	Price	Dustin	21	Herculaneum MO	2016	Frostbite
59:25	Rains	Andy	28	Ballwin MO	2021	Frostbite
59:26	McPherson	Christopher	39	StL MO	2020	Frostbite
59:29	Peal	Jake	26	Bethalto IL	2019	Frostbite
59:34	Harder	Logan	21	StL MO	2021	Frostbite
59:36	McPherson	Christopher	38	U City MO	2019	Frostbite
59:37	Yoch	Jon	26	Collinsville IL	2014	Frostbite
59:38	Myhill	Erik	36	StL MO	2018	Frostbite
59:40	Hinckley	Tom	32	Columbia MO	1976	CTC
59:40	Smith	Kirk	22	Oxford MS	2017	Frostbite
59:41	Everett	Daniel	28	El Paso TX	2021	Frostbite
59:44	Fussner	Michael	43	Ballwin MO	2018	Frostbite
59:44	Sullivan	Jack	24	Ballwin MO	2020	Frostbite
59:45	Londeree	Ben	43	Columbia MO	1977	CTC
59:49	Schram	Ian	16	Festus MO	2020	Frostbite
59:51	Sullivan	Adam	35	StL MO	2015	Frostbite
59:53	Aly	Cameron	27	KC MO	2016	MORaceLongview
59:56	Kayser	Dominik	17	Festus MO	2019	Frostbite
59:57	Murrie	Andrew	39	StL MO	2020	Frostbite
59:58	Marks	Joe	43	Columbia MO	1980	CTC
MALE 6-7						
69:40*	Paul	Wesley	07	Columbia MO	1976	CTC
MALE 8-9						
66:12*	Paul	Wesley	08	Columbia MO	1977	CTC
89:31	Gibson	Tim	08	Columbia MO	1978	CTC
MALE 10-11						
73:17*	Gibson	Tim	10	Columbia MO	1980	CTC
1:40:31	Gavin	John	11	StL MO	2016	Frostbite
MALE 12-13						
74:09*	Elgin	Jaden	13	Defiance MO	2020	Frostbite
75:35	Gibson	Matt	13	Columbia MO	1978	CTC
79:56	Gibson	Steve	12	Columbia MO	1979	CTC
MALE 14-15 (TT = 70)						
63:26*	Schram	Ian	15	Festus MO	2019	Frostbite
63:31	Wolk	Nathan	15	Festus MO	2019	Frostbite
65:47	Bear	John	15	Orange Park FL	2016	Frostbite
65:50	Schwable	Corbin	15	Belleville IL	2015	Frostbite
66:02	Duchatschek	Clayton	15	Washington MO	2014	Frostbite
66:54	Lind	Caleb	15	St Charles MO	2019	Frostbite
67:28	Helmick	Steve	14	Columbia MO	1981	CTC
67:39	Shaw	Jason	15	Arnold MO	2019	Frostbite
69:58	Gibson	Jim	15	Columbia MO	1978	CTC
69:11	Adams	Jack	15	Kirkwood MO	2015	Frostbite
69:54	Meara	Nolan	15	StL MO	2019	Frostbite
MALE 16-17						
58:37*	Koester	Kevin	16	House Springs MO	2016	Frostbite
59:02	Duchatschek	Clayton	16	Washington MO	2015	Frostbite
59:15	Smock	Andrew	16	StL MO	2020	Frostbite
59:16	Cormier	Thomas	17	Clayton MO	2016	Frostbite
59:56	Kayser	Dominik	17	Festus MO	2019	Frostbite

59:49	Schram	Ian	16 Festus MO	2020 Frostbite
60:58	McMullen	Noah	16 St Charles MO	2020 Frostbite
61:14	Rammacher	Lucas	16 StL MO	2021 Frostbite
62:36	Meara	Nolan	16 StL MO	2020 Frostbite
63:05	Davidson	Tommy	17 StL MO	2021 Frostbite
63:34	Case	Jack	17 St Charles MO	2021 Frostbite
64:22a	Farrand	Zachery	17 Springfield MO	2011 Frisco
64:31	Klein	Elias	17 StL MO	2021 Frostbite
64:33	Smith	Carson	16 Webster Groves MO	2020 Frostbite
64:49	Schwable	Corbin	16 Belleville IL	2016 Frostbite
64:57	Ryburn	Jacob	16 StL MO	2019 Frostbite
64:59	Green	Will	17 Villa Ridge MO	2017 Frostbite
65:24	Tchiblakian	Andrew	17 StL MO	2015 Frostbite
65:34	Jarvis	Caleb	17 Potosi MO	2016 Frostbite
66:18	Martins	Nate	16 St Charles MO	2021 Frostbite
66:56	Haake	Corvin	17 StL MO	2020 Frostbite
66:59	Butenhoff	Cyle	17 Lonedell MO	2015 Frostbite
67:32	Stucki	Nathan	17 Chesterfield MO	2017 Frostbite
67:48	Gaylord	Caleb	16 Potosi MO	2014 Frostbite
67:48	Klein	Elias	16 StL MO	2020 Frostbite
67:58	Masters	Austin	17 Fenton MO	2020 Frostbite
68:11	Shaw	Jason	16 Arnold MO	2020 Frostbite
67:50	Masters	Austin	16 Arnold MO	2019 Frostbite
68:37	Plocher	Jacob	16 Highland IL	2015 Frostbite
68:53	Nico	Austin	17 Kirkwood MO	2015 Frostbite
69:20	Luzynski	Gabriel	16 StL MO	2017 Frostbite
69:20	Engle	Joshua	17 St Peters MO	2020 Frostbite
70:01	Winston	Carter	16 Lake StL MO	2021 Frostbite
70:23	Martin	Lane	16 Lexington MO	2018 Frostbite
70:56	Gibson	Jim	17 Columbia MO	1980 CTC

MALE 18-19

54:11*	Ahmed	Firaol	19 High Ridge MO	2021 Frostbite
56:04	McMillan	Erik	19 CO Springs CO	2016 Frostbite
57:25	Broadbooks	Jerod	19 Wildwood MO	2016 Frostbite
58:11	Teeter	Charlie	18 Webster Groves MO	2019 Frostbite
59:01	Parker	Orion	19 Rolla MO	2021 Frostbite
60:11	Page	Jake	18 StL MO	2021 Frostbite
60:17	Lang	Kent	18 Sedalia MO	1980 CTC
60:20	Killian	Joshua	18 Bridgeton MO	2020 Frostbite
62:42	Martin	Johnny	18 NA	2021 Frostbite
62:57	Kelly	William	19 Ballwin MO	2017 Frostbite
63:45	Engle	Joshua	18 St Peters MO	2021 Frostbite
63:53	Mrotek	Kyle	18 StL MO	2015 MORaceStL
64:11	Harder	Logan	19 StL MO	2019 Frostbite
65:20	Collins	James	18 Springfield MO	2011 Frisco
66:00	King	Elijah	18 Columbia MO	2018 Frostbite
66:00	Leak	Morgan	19 StL MO	2018 Frostbite
67:32	Chambers	Graham	18 Ballwin MO	2017 Frostbite
67:54	Martin	Juan	18 Ballwin MO	2014 Frostbite
67:54	Jarvis	Caleb	18 Potosi MO	2017 Frostbite
67:54	Thompson	Haylan	18 St Charles MO	2019 Frostbite
68:11	Conway	Cody	18 Catawissa MO	2017 Frostbite
68:14	Spain	Tristan	19 Strafford MO	2018 Sweatfest
68:23	Fletcher	Caleb	18 Arnold MO	2020 Frostbite
68:59	O'Sullivan	Andrew	19 StL MO	2014 Frostbite
69:29	Shulklapper	Max	18 Glendale MO	2015 Frostbite

MALE 35-39 (sub 64:00)

52:30*	Freudenburg	Zac	36	StL MO	2014	Frostbite
55:26	Aitken	Mike	37	St Ann MO	2019	Frostbite
55:22	Goodrich	Bob	38	Jeff City MO	1983	CTC
57:27	LaFontaine	Tom	37	Columbia MO	1983	CTC
57:32	Sullivan	Adam	36	StL MO	2016	Frostbite
57:34	Hacker	Rikki	35	PV KS	2012	Blues
57:44	Muchow	Marty	37	Lansing KS	2003	HomeRun
58:01	O'Connell	Bob	35	Jeff City MO	1984	CTC
58:03	Goodrich	Bob	35	Jeff City MO	1980	CTC
58:30	Hessler	Dick	38	Columbia MO	1979	CTC
58:35	Stebbins	Norm	38	Columbia MO	1984	CTC
58:38	Hessler	Dick	37	Columbia MO	1978	CTC
58:39	Goodrich	Bob	36	Jeff City MO	1981	CTC
59:10	Stebbins	Norm	36	Columbia MO	1983	CTC
59:13	Hessler	Dick	39	Columbia MO	1980	CTC
59:26	McPherson	Christopher	39	StL MO	2020	Frostbite
59:36	McPherson	Christopher	38	U City MO	2019	Frostbite
59:38	Myhill	Erik	36	StL MO	2018	Frostbite
59:51	Sullivan	Adam	35	StL MO	2015	Frostbite
59:57	Murrie	Andrew	39	StL MO	2020	Frostbite
60:04	Ziegler	Greg	37	StL MO	2020	Frostbite
60:10	Martin	Evan	36	Webster Groves MO	2018	Frostbite
60:42	Myhill	Erik	35	StL MO	2017	Frostbite
60:49	Granberg	Don	37	Columbia MO	1978	CTC
61:04	Granberg	Don	38	Columbia MO	1979	CTC
61:07	Sullivan	Adam	38	StL MO	2018	Frostbite
61:27	Hosler	Mark	36	Columbia MO	1983	CTC
62:06	Feldman	Josh	39	Columbia MO	2014	Frostbite
62:14	Brown	Greg	38	Columbia MO	1976	CTC
62:18	LaFontaine	Tom	38	Columbia MO	1984	CTC
62:18	Balmer	Joe	35	StL MO	2017	Frostbite
62:37	Brown	Greg	37	Columbia MO	1975	CTC
62:37	Marks	Joe	38	Columbia MO	1975	CTC
62:40	Miller	Kenny	35	Maryville MO	2012	Blues
62:42	Goldkamp	Caleb	38	StL MO	2016	Frostbite
62:48	Lee	Anthony	39	Leavenworth KS	2012	Blues
63:07	Chippendale	Mike	38	Columbia MO	1978	CTC
63:11	Ziegler	Greg	38	StL MO	2021	Frostbite
63:12	Leonard	Chris	37	St Charles MO	2015	Frostbite
63:23	Hodzic	Amir	37	StL MO	2017	Frostbite
63:23	Hargis	Andrew	35	StL MO	2021	Frostbite
63:30	Schoenholz	Brian	35	Lake StL MO	2014	Frostbite
63:36	Hessler	Dick	35	Columbia MO	1975	CTC
63:40	Hurlburt	Ivan	37	Ft Leavenworth KS	2012	Blues
63:48	McPherson	Christopher	35	StL MO	2016	Frostbite

MALE 40-44 (sub 65:00)

57:40*	Lewis	Don	43	Columbia MO	1979	CTC
58:38	Londeree	Ben	44	Columbia MO	1978	CTC
58:43	Lewis	Don	42	Columbia MO	1978	CTC
58:43	Lewis	Don	41	Columbia MO	1977	CTC
58:58	Lewis	Don	44	Columbia MO	1980	CTC
59:03	Difani	Jason	42	Kirkwood MO	2021	Frostbite
59:17	McPherson	Christopher	40	StL MO	2021	Frostbite
59:21	Londeree	Ben	42	Columbia MO	1976	CTC

59:44	Fussner	Michael	43 Ballwin MO	2018 Frostbite
59:45	Londeree	Ben	43 Columbia MO	1977 CTC
59:58	Marks	Joe	43 Columbia MO	1980 CTC
60:08	Hessler	Dick	40 Columbia MO	1981 CTC
60:08	Reese	Barton	41 Greenwood MO	2002 HomeRun
60:16	Hale	Bryon	41 St Charles MO	2021 Frostbite
60:21	Hilkin	Anthony	43 StL MO	2018 Frostbite
60:22	Hicks	Whitney	40 Columbia MO	1975 CTC
60:24	Schutt	Jim	42 California MO	1980 CTC
60:39	Fussner	Michael	42 Ballwin MO	2017 Frostbite
61:31	Schutt	Jim	41 California MO	1979 CTC
62:15	Londeree	Ben	41 Columbia MO	1975 CTC
62:18	Odneal	Marvin	41 Columbia MO	1984 CTC
62:21	Costa	Dary	41 Webster Groves MO	2020 Frostbite
62:28	Nakajima	Tomohiro	40 StL MO	2018 Frostbite
62:33	Marks	Joe	41 Columbia MO	1978 CTC
62:34	Hamer	Edward	42 Ballwin MO	2014 Frostbite
62:35	Murashita	Takashi	43 Columbia MO	2021 Cheese&S
62:50	Hicks	Whitney	42 Columbia MO	1977 CTC
62:51	Brown	Olen	44 Columbia MO	1979 CTC
62:51	Sienica	Arkadiusz	41 StL MO	2017 Frostbite
62:54	Marks	Joe	40 Columbia MO	1977 CTC
62:54	Brown	Olen	42 Columbia MO	1977 CTC
63:12	Green	Brett	40 StL MO	2021 Frostbite
63:28	Peters	Matt	44 Chesterfield MO	2020 Frostbite
63:32	Lewis	Don	40 Columbia MO	1976 CTC
63:49	Brown	Olen	43 Columbia MO	1978 CTC
63:49	Nakajima	Tomohiro	41 StL MO	2019 Frostbite
64:27	Wright	Paul	43 St Charles MO	2014 Frostbite
64:47a	Ogle	Matt	42 Pleasant Hope MO	2011 Frisco
64:50	Offield	Richard	40 Durham NC	2015 MORaceLS

MALE 45-49 (sub 67:00)

54:40*	Fussner	Michael	46 Ballwin MO	2021 Frostbite
55:19	Fussner	Michael	45 Ballwin MO	2020 Frostbite
57:30	Renaud	Walt	45 Fulton MO	1976 CTC
58:48	Lewis	Don	45 Columbia MO	1981 CTC
59:05	Lewis	Don	47 Columbia MO	1983 CTC
60:03	Lewis	Don	46 Columbia MO	1982 CTC
60:57	Londeree	Ben	45 Columbia MO	1979 CTC
61:31	Hicks	Whitney	48 Columbia MO	1983 CTC
61:42	Small	Tyler	46 StL MO	2021 Frostbite
62:00	Barro	Mike	46 St Peters MO	2014 Frostbite
62:52	Frazer	Rex	45 Columbia MO	1976 CTC
63:04	Hicks	Whitney	47 Columbia MO	1982 CTC
63:12	Hickman	Lullel	47 Walnut Grove MO	2010 Frisco
63:13	Londeree	Ben	46 Columbia MO	1980 CTC
63:47	Davidson	Matt	46 Ballwin MO	2021 Frostbite
64:09	Wang	Lawrence	49 StL MO	2020 Frostbite
64:25	Seymour	Jim	49 Ladue MO	2019 Frostbite
64:27	Todd	Brian	45 Springfield MO	2019 Frostbite
64:29	Londeree	Ben	47 Columbia MO	1981 CTC
64:29	Hicks	Whitney	46 Columbia MO	1981 CTC
64:32	Brown	Olen	46 Columbia MO	1980 CTC
64:43	Walter	Aaron	46 Ft Knox KY	2010 Frisco
64:46	Baxter	Dean	47 Columbia MO	1982 CTC
64:55	Wang	Lawrence	46 StL MO	2017 Frostbite

65:13	Marks	Joe	47 Columbia MO	1984 CTC
65:27	Orr	Jay	49 Ballwin MO	2019 Frostbite
65:31	Storvick	Turk	48 Columbia MO	1976 CTC
65:54	Zhang	Jun	49 O'Fallon MO	2018 Frostbite
66:01	Orr	Jay	46 StL MO	2016 Frostbite
66:14	Storvick	Turk	49 Columbia MO	1977 CTC
66:20	Zhang	Jun	47 O'Fallon MO	2016 Frostbite

MALE 50-54 (sub 68:00)

60:41*	Leiboult	Richard	53 Ozark MO	2010 Frisco
61:38	Barro	Mike	53 O'Fallon MO	2021 Frostbite
61:46	Barnes	Rick	50 Clayton MO	2014 Frostbite
61:59	Barro	Mike	51 St Peters MO	2019 Frostbite
62:33	May	Tom	54 Columbia MO	2020 Pandemic
62:58	Barnes	Rick	51 Clayton MO	2015 Frostbite
62:59	Duffy	Loren	52 O'Fallon IL	2014 Frostbite
63:03	Meyers	Blake	50 StL MO	2020 Frostbite
63:14	Eddin	Dan	53 Columbia MO	2021 Cheese&S
63:26	Sousa	Steve	52 StL MO	2019 Frostbite
64:28	Sheppard	David	50 Lake StL MO	2021 Frostbite
65:21	Sousa	Steve	51 StL MO	2018 Frostbite
65:31	Eddin	Dan	52 Columbia MO	2020 Pandemic
65:40	Storvick	Turk	50 Columbia MO	1978 CTC
65:51	Volkman	Mark	54 St Charles MO	2015 MORaceO'Fallon
66:07	Huang	Jianshang	52 StL MO	2021 Frostbite
66:19	Barnes	Rick	54 NA	2018 Frostbite
66:27	Jacobson	Ted	50 Leawood KS	2012 Blues
66:48	Assenmacher	Doug	51 Springfield MO	2016 Sweatfest
67:06	Buckley	Eric	52 StL MO	2015 MORaceO'Fallon
67:17	Johnson	Don	50 Centralia MO	1978 CTC
67:57	Storvick	Turk	52 Columbia MO	1980 CTC

MALE 55-59 (sub 76:00)

63:08*	Hogan	Rick	57 KC MO	2002 HomeRun
64:15	Wallach	Dennis	57 Chanhassen MN	2014 Frostbite
64:15	Lang	Kent	59 Sedalia MO	2021 Cheese&S
64:52	Holtmeyer	Gerald	56 Bonnots Mill MO	2015 MORaceO'Fallon
65:37	Fuerst	Robert	55 Ballwin MO	2015 Frostbite
65:49	Stanziola	Jimmy	57 OP KS	2012 Blues
65:53	Holtmeyer	Gerald	55 Bonnots Mill MO	2015 MORaceStL
66:26	Buckley	Eric	55 StL MO	2018 Frostbite
68:09	Keys	Marc	58 Columbia MO	2020 Pandemic
68:45	Bierman	Chris	59 StL MO	2018 Frostbite
69:03	MacLagan	Colin	57 Columbia IL	2015 Frostbite
69:51	Stephenson	Louis	55 Chesterfield MO	2015 Frostbite
70:11	Holtmeyer	Gerald	56 Bonnots Mill MO	2015 MORaceJoplin
70:21	Knudsen	Andrew	55 Kirkwood MO	2019 Frostbite
71:31	James	John	55 Troy IL	2018 Frostbite
71:52	Chalker	Douglas	56 StL MO	2020 Frostbite
72:13	Toennies	Chuck	55 Troy IL	2018 Frostbite
72:31	James	John	56 Troy IL	2019 Frostbite
72:44	Yoke	Ryan	55 O'Fallon IL	2018 Frostbite
73:07a	Wisner	Warren	55 El Dorado Springs KS	2011 Frisco
73:34	Anderson	Ron	55 Springfield MO	2010 Frisco
73:42	Haglof	Ron	55 Ballwin MO	2014 Frostbite
73:50	Eckoff	Randy	59 Park Hills MO	2015 Frostbite
74:10	Kilburn	Brian	58 StL MO	2016 Frostbite

74:45	Cortopassi	Joe	56	StL MO	2014	Frostbite
74:49	Raupp	Jay	57	Lenexa KS	2012	Blues
75:06	Carter	Jay	55	StL MO	2018	Frostbite
75:17	Stubblefield	Lee	59	Cassville MO	2015	MORaceSprngfld
75:26	Yoch	Ryan	56	O'Fallon IL	2019	Frostbite
75:28	Carter	Jay	58	StL MO	2021	Frostbite
75:42	Padgett	Wade	56	Wildwood MO	2009	Meramec
75:48	Wollard	Allyn	58	Nixa MO	2010	Frisco
76:01a	Aleman	Stephen	57	Springfield MO	2011	Frisco

MALE 60-64 (sub 80:00)

66:56*	Bierman	Chris	60	StL MO	2019	Frostbite
67:41	Coeme	Henri	62	Neosho MO	2015	Frostbite
68:19	Phillips	Rod	61	Branson MO	2010	Frisco
68:42	Coeme	Henri	62	Neosho MO	2015	MORaceLS
69:23	Coeme	Henri	63	Neosho MO	2016	Frostbite
69:34	Coeme	Henri	64	Neosho MO	2017	Sweatfest
69:37	Deak	Bob	64	StL MO	2018	Frostbite
69:42	Coeme	Henri	64	Neosho MO	2017	Frostbite
70:13	Leiboult	Richard	62	Ozark MO	2019	Sweatfest
70:49	Leiboult	Richard	63	Ozark MO	2020	Sweatfest
70:50	MacLagan	Colin	61	Columbia IL	2019	Frostbite
71:08	Williams	Bobby	64	Florissant MO	2016	Frostbite
71:37	Coeme	Henri	62	Neosho MO	2015	MORaceJoplin
71:44	Myers	Les	60	StL MO	2015	Frostbite
73:16	Grebenc	William	60	Wildwood MO	2014	Frostbite
74:17	Eckhoff	Randy	63	Parkhills MO	2019	Frostbite
74:18	MacLagan	Colin	63	Columbia IL	2021	Frostbite
76:18	Holman	Darryl	60	Chesterfield MO	2021	Frostbite
76:26	Haefner	Brent	61	Imperial MO	2019	Frostbite
76:30	Finken Keller	John	62	StL MO	2014	Frostbite
77:26	Haglof	Ronald	61	Ballwin MO	2020	Frostbite
78:59	Magruder	Tom	61	Edgar Springs MO	2010	Frisco
79:12	Fairchild	Michael	60	Fairview Hts IL	2018	Frostbite
79:16	Crites	Edward	60	StL MO	2014	Frostbite
79:38	Lees	Robert	62	Weldon Spring MO	2014	Frostbite
79:50	Coeme	Henri	63	Neosho MO	2016	Sweatfest
80:05	Williams	Bobby	63	Florissant MO	2015	Frostbite
80:07	Keating	Rick	60	Bridgeton MO	2016	Frostbite

MALE 65-69 (sub 1:34:00)

71:21*	Williams	Bobby	65	Florissant MO	2017	Frostbite
71:23	Coeme	Henri	68	Neosho MO	2021	Frostbite
72:08	Coeme	Henri	65	Neosho MO	2018	Frostbite
72:20	Coeme	Henri	66	Neosho MO	2019	Frostbite
73:41	Coeme	Henri	67	Neosho MO	2020	Sweatfest
73:44	Coeme	Henri	65	Neosho MO	2018	Sweatfest
75:55	Howland	John	66	Jeff City MO	2015	MORaceColumbia
77:01	Howland	John	67	Jeff City MO	2016	MORaceColumbia
77:36	Larson	Dennis	67	Shiloh IL	2020	Frostbite
77:40	Larson	Dennis	68	Shiloh IL	2021	Frostbite
78:30	Howland	John	69	Jeff City MO	2018	Frostbite
79:22a	Mabry	Charles	67	Springfield MO	2011	Frisco
80:05	Eckhoff	Randy	65	Park Hills MO	2021	Frostbite
80:33	S-Fisher	Steve	65	Columbia MO	2021	Cheese&S
82:46	Bramlett	Jeff	65	StL MO	2021	Frostbite
83:17	Wollard	Allyn	66	Nixa MO	2018	Sweatfest

84:42	Boyer	Ron	68 Fair Grove MO	2016 MORaceLongview
84:42	Maloney	Jim	68 StL MO	2017 Frostbite
84:56	Schnell	Robert	65 O'Fallon MO	2020 Frostbite
85:20	Schaefer	Rich	65 Shiloh IL	2014 Frostbite
85:46	Brummer	Michael	65 Shumway IL	2019 Frostbite
86:32	Johnson	Timothy	65 St Charles MO	2021 Frostbite
86:41	Brummer	Michael	65 Shumway IL	2020 Frostbite
87:15	Maloney	Jim	67 StL MO	2016 Frostbite
88:08	Maloney	Jim	69 StL MO	2018 Frostbite
88:47	Fuerst	Gary	67 Fenton MO	2018 Frostbite
89:54	Sebert	Don	67 KC MO	2003 HomeRun
90:22	Schnell	Robert	66 O'Fallon MO	2021 Frostbite
90:40	Hollingshead, Mark		65 St Peters MO	2016 Frostbite
91:12	MacKenzie	Bruce	69 Kirkwood MO	2015 Frostbite
92:20	Boyer	Ron	68 Fair Grove MO	2016 MORaceJoplin
92:31	Fuerst	Gary	69 Fenton MO	2020 Frostbite
93:26	Edwards	Bruce	68 St Charles MO	2016 Frostbite

MALE 70-74

1:19:39*	Howland	John	70 Jeff City MO	2019 Frostbite
1:29:07	Maloney	Jim	71 StL MO	2020 Frostbite
1:30:37	Maloney	Jim	72 StL MO	2021 Frostbite
1:33:12	Joline	Lou	70 Lake Tapawingo MO	2003 HomeRun
1:34:52	Kuntz	Bob	72 StL MO	2021 Frostbite
1:39:55	Hirsch	John	70 O'Fallon MO	2021 Frostbite
1:41:41	Lewer	Mike	70 Leawood KS	2021 Frostbite
1:43:11	Kolander	Robert	70 Wentzville MO	2021 Frostbite
1:46:11	Carlson	Richard	74 Jeff City MO	2016 MORaceColumbia
1:47:58	Giamanco	Sam	70 St Charles MO	2016 Frostbite
1:54:11	Giamanco	Sam	71 St Charles MO	2017 Frostbite
1:55:12	Wright	Jim	74 Wildwood MO	2016 Frostbite
1:58:12	Zielinski	John	70 Waterloo IL	2019 Frostbite
2:00:05	Hesdra	Thomas	72 Swansea IL	2016 Frostbite
2:00:09	Wright	Jim	72 Wildwood MO	2015 Frostbite
2:01:38	Hesdra	Thomas	70 Swansea IL	2014 Frostbite
2:04:00	Wohler	Robert	73 O'Fallon MO	2016 Frostbite
2:04:48	Dodd	David	70 StL MO	2020 Frostbite

MALE 75-79

1:26:33	Wheeler	Wayne	75 Loveland OH	2014 Frostbite
1:52:56*	Reich	Thomas	78 Ballwin MO	2019 Frostbite

MALE 80-84

2:33:19*	Burnham	Ed	83 KC MO	2003 HomeRun
2:43:41	Hoffman	Lee	80 StL MO	2014 Frostbite
2:45:19	Hoffman	Lee	81 StL MO	2015 Frostbite
2:54:15	Hoffman	Lee	82 StL MO	2016 Frostbite
3:06:10	Hoffman	Lee	83 StL MO	2017 Frostbite

MALE 85+

3:14:22	Hoffman	Lee	85 StL MO	2019 Frostbite
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RACE CODE

Blues	BluesNBrew-KC
Cheese&S	Cheese & Sauerkraut-Columbia
CTC	Columbia Track Club
Ferguson	Ferguson Twilight Run

Frisco	Frisco Trail-Willard
Frostbite	Frostbite Race Series-StL
HomeRun	Habitat for Humanity-KC
Meramec	Meramec River Run-Fenton
MORaceColumbia	Missouri Race Series-Columbia
MORaceKC	Missouri Race Series-KC
MORaceLongview	Missouri Race Series-Longview Lake
MORaceStL	Missouri Race Series-StL
Pandemic	Pandemic-Columbia
Sweatfest	Sweatfest-Strafford