

TROLLEY RUN 4 MILE WOMEN'S TIMES (sub 23) (Gun Times)

~~19:33 Emily Chebet Santa Fe NM/KENYA 2007
(Tested positive for EPO)~~

19:41	Elva Dryer	Albuquerque NM	2001
20:03	Jane Kibii	Meadow Vista CA/KEN	2009
20:08	Libbie Johnson	Ft Collins CO	1997
20:11	Rose Kosgei	Santa Fe NM/KENYA	2008
20:16	Jane Kibii	Auburn CA/KENYA	2011
20:25	Colette Murphy	Carmel IN	1997
20:29	Amy Yoder-Begley	Avila IN	2006
20:31	Melody Fairchild	Boulder CO	1998
20:31	Jebichi Yator	KENYA	2016
20:33*	Vicki Mitchell	KC MO	1999
20:37	Pauline Kiragu	Albuquerque NM/KEN	2009
20:40	Frashiah Waithaka	Albuquerque NM/KEN	2009
20:43	Jane Kibii	Auburn CA/KEN	2010
20:46	Vicki Mitchell	Amherst NY	2001
20:48	Fran tenBensel	Lincoln NE	1995
20:49	Donna Levy	Fayetteville AR/CAN	1999
20:50	Vicoty Chepngeno	Grand P TX/KENYA	2019
20:51	Donna Levy	F'ville AR/CAN	1998
20:53	Natalie Davey	Boulder CO/IRE	2002
20:54	Vicoty Chepngeno	Coon Rapids MN/KEN	2018
20:56	Liz Zaragosa	Albuquerque NM	1995
20:57	Cindy James	Homewood IL	1997
21:00	Jane Kibii	Auburn CA/KEN	2012
21:01	Lisa Weidenbach	Hutchison KS	1995
21:03	Irene Kimaiyo	Lubbock TX/KEN	2010
21:05	Deb Torneden	El Dorado KS	1998
21:05	Melissa Todd	KC MO	2011
21:08	Laura White	StL MO	1995
21:11	Catriona Dowling	Boulder CO/IRE	1995
21:11	Kristin Schwartz	CO Springs CO	1998
21:13	Natalie Davey	Boulder CO/IRE	2001
21:13	Denisa Costescu	Novi MI/ROMANIA?	2007
21:16	Megan Flowers	Fayetteville AR	1997
21:17	Sara Wells	Stillwater OK	2002
21:18	Suzanne Castruita	Omaha NE	2000
21:19	Brooke Kish	Evergreen CO	2007
21:20	Deb Torneden	El Dorado KS	1997

~~21:21 Deeja Youngquist Albuquerque NM 2003
(tested positive for EPO in spring of 2004)~~

21:23	Megan Flowers	Aledo TX	1998
21:23	Doreen Kitaka	Coon Rapids MN/KEN	2012
21:25	Nicole Boes	Boulder CO	1995
21:26	Deb Gormley	Minnetonka MN	1996
21:28	Laura White	Crystal City MO	1999
21:28	Kate Chettle	Columbia MO	2013
21:30	Sammie Gdowski	Lincoln NE	1993
21:30	Melissa Todd	KC MO	2006

21:32	Vicki Mitchell	Amherst NY	2000
21:33	Alice Astorino	Boulder CO	1995
21:34	Darla Moberly	Kearney MO	1998
21:34	Denisa Costescu	Detroit MI/ROM	2005
21:37	Faith Byrum	Erie CO	2003
21:38	Cindy James	Homewood IL	1998
21:38	Darla Moberly	Kearney MO	1999
21:38	Deb Torneden	Wichita KS	2000
21:38	Melissa Todd	KC MO	2001
21:41	Diane Robison	Chesterfield MO	2017
21:41	Deb Torneden	Coffeyville KS	1993
21:43	Jessica Allen	KC KS	2019
21:45	Connie Teague	KC MO	2013
21:46	Susan Tanui	KENYA	2016
21:47	Margart Maina	KENYA	2017
21:48	Darla Moberly	Kearney MO	2000
21:49	Deb Torneden	Wichita KS	2001
21:50	Amy Giblin	Alamosa CO	1995
21:51	Amy Wiseman	Lincoln NE	1998
21:51	Brianna Torres	Phoenix AZ	2006
21:51	Sarah Fogarty	KC MO	2018
21:52	Sara Wells	Burnsville MN	2005
21:52	Faith Byrum	Erie CO	2007
21:53	Donna Levy	F'ville AR/CAN	1997
21:55	Jennifer Hillier	Wichita KS	1994
21:55	Kate Chettle	Columbia MO	2014
21:56	Melissa Todd	KC MO	2009
21:58	Melissa Todd	KC MO	2004
21:59	Cathy Saxon	OP KS	1990
21:59	Kirsten O'Hara	KS	2000
22:00	Margaret Lyons	St Louis MO	2007
22:01	Shelly Moore	Wichita KS	1996
22:03	Darla Moberly	Kearney MO	1997
22:03	Fran ten Bensel	Lincoln NE	2000
22:04	Vicki Mitchell	Cheektowaga NY	2004
22:04	Melissa Todd	KC MO	2008
22:04	Connie Abbott	KC KS	2011
22:05	Cindy Blakeley	KC MO	1995
22:05	Deb Gormley	St Paul MN	1997
22:07	Suzanne Castruita	Omaha NE	1999
22:09	Megan Manthe	KC KS	2006
22:10	Beverly Thomas	KC MO	1994
22:10	Melissa Todd	KC MO	2007
22:12	Beverly Thomas	KC MO	1992
22:12	Erica Larson	Lawrence KS	1997
22:12	Darla Moberly	Kearney MO	2001
22:14	Beverly Thomas	KC MO	1995
22:15	Ann Marie Chappell	St Joseph MO	2015
22:16	Brianna Torres	Phoenix AZ	2007
22:17	Deeja Youngquist	Albuquerque NM	2004*
22:18	Theresa Gosnell	Omaha NE	1997
22:18	Kristen Brosnan	KC MO	2018

22:20	Michele McFadden	KC MO	1990
22:20	Melissa Todd	KC MO	2010
22:21	Barb Rinne	Liberty MO	1993
22:23	Darla Moberly	Liberty MO	1996
22:25	Melissa Todd	KC MO	2005
22:28	Heather Sterbenz	KS	1992
22:28	Laura Luckert	PV KS	1993
22:28	Kate Chettle	Columbia MO	2012
22:29	Vicki Mitchell	Cheektowaga NY	2003
22:30	Mindy Warner	KC MO	1994
22:31	Kristen O'Hara	Shawnee Mission KS	2001
22:31	Darla Moberly	Kearney MO	2002
22:32	Shari Woiwood	LS MO	1992
22:34	Shari Woiwood	LS MO	1995
22:34	Deborah Torneden	Wichita KS	2004
22:35	Heather Sterbenz	Lawrence KS	1989
22:35	Melissa Swartz	KS	1999
22:36	Barb Rinne	Liberty MO	1995
22:37	Chantalle Blundell	NA	2018
22:39	Lisa Rainsberger	Colorado Springs CO	2000
22:40	Katie Hauser	Columbia MO	2009
22:42	Leeann Reed	KS	2000
22:43	Rachel Blythe	Leawood KS	1994
22:43	Barb Rinne	Liberty MO	1992
22:43	Susan Tanui	KENYA	2015
22:44	Cindy Blakeley	KC MO	1996
22:46	Beverly Thomas	KC MO	1997
22:46	Amy Gochnour	Olathe KS	2003
22:47	Shari Woiwood	LS MO	1990
22:47	Trisha Culbertson	Manhattan KS	2007
22:48	Kim Fritzie	Overland Park KS	2000
22:48	Deborah Torneden	Wichita KS	2005
22:50	Barb Rinne	Liberty MO	1994
22:50	Evette Edmondson	KC MO	1994
22:50	Vicki Mitchell	Amhearst NY	2002
22:50	Trisha Culbertson	Manhattan KS	2006
22:53	Lindsey McDonald	KC MO	2018
22:55	Rael Murey	Coon Rapids MN/KEN	2011
22:56	Nina Miller	La Jolla CA	2011
22:56	Valerie Spencer	Leavenworth KS	1998
22:56	Stephanie Kogel	KC MO	2016
22:59	Laura Sodik	Boulder CO	2001
23:00	Faith Byrum	Erie CO	2006

* Tested positive for EPO one month prior to race, and banned from competition for 2 years.

World Best:

19:28 Delilah Asiago KENYA 1995 Steamboat

American Best:

19:41 Elva Dryer Albuquerque NM 2001 SECTR

American Record:

19:59 Colleen de Reuck Boulder CO 2002 Stmbt

Missouri Resident Best:

20:33* Vicki Mitchell KC MO 1999 MFTR

TROLLEY RUN 4 MILE MEN'S TIMES (sub 19) (Gun Times)

17:27	Ryan Wilson	Fayetteville AR	1998
17:40	Eric Chirchir	El Paso TX/KENYA	2009
17:41	Ernest Kebenei	Victoria TX/KENYA	2009
17:45	Jason Bunston	Fayetteville AR/CAN	1998
17:47	Daniel Kipkoech	Kennesaw GA/KENYA	2009
17:49	Phillimon Hanneck	Portland OR	2000
17:50	John Kariuki	Homewood IL/KENYA	2000
17:50	John Kariuki	Homewood IL/KENYA	2001
17:53	Larbi Zeroual	Albuquerque NM/MAR	1995
17:53	John Kariuki	Homewood IL/KENYA	1998
17:54	Tim Gargiulo	Dallas TX	1995
17:54	Charles Mulinga	Fayetteville AR/ZAM	1997
17:55	Jonah Koech	Ames IA/KENYA	1994
17:55	Paul Mwangi	Kingsport NY/KENYA	1995
17:56	MacDonard Ondara	Santa Fe NM/KENYA	2007
17:58	Jonah Koech	Ames IA/KENYA	1995
17:59	MacDonard Ondara	Santa Fe NM/KENYA	2011
18:00	Haron Lagat	Santa Fe NM/KENYA	2007
18:00	Scott Dahlberg	Gunnison CO	2009
18:01	Japeth Ngojoy	El Paso TX/KENYA	2009
18:06	Jason Bunston	Fayetteville AR/CAN	1997
18:07	Francis O'Neill	Manhattan KS	1994
18:07	Phillimon Hanneck	Portland OR	2003
18:08	Richard Kandie	Coon Rapids MN/KEN	2011
18:09	Kevin Herd	Iowa City IA	1995
18:11	Peter Tanui	Aurora CO/KENYA	2003
18:12	Eliasa Tanui	Warrensburg MO/KEN	1998
18:12	John Kariuki	Homewood IL/KENYA	1999
18:12	MacDonard Ondara	Santa Fe NM/KENYA	2008
18:13	Reuben Reina	Fayetteville AR	1997
18:14	Janko Bensa	Lincoln NE/YUG	2000
18:15	Tim Gargiulo	Dallas TX	1998
18:15	Silverus Kimeli	Manhattan KS/KENYA	2004
18:16	Teddy Mitchell	Fayetteville AR	1997
18:17	Reuben Reina	Fayetteville AR	1998
18:17	Anthony Gallo	Flagstaff AZ	2009
18:18	J J Castner	Fayetteville AR	1997
18:18	Phil Price	Fayetteville AR	1999
18:18	Sammy Kiplagat Chep	Georgetown TX/KEN	2014
18:18	Sammy Rotich	Clive IA/KEN	2018
18:18	James Wilson	NA	2019
18:19	Phillimon Hanneck	Clackamas OR	2001
18:19	Yonas Mebrahtu	Flagstaff AZ/ERI	2014
18:22	John Kihonge	Ames IA/KENYA	1995
18:22	John Treacy	Providence RI/IRE	1995
18:22	Michael Cox	Lawrence KS	1996
18:22	Shadrack Kimeli	Manhattan KS/KENYA	2004
18:23	Benson Cheruiyot	Valparaiso IN/KENYA	2011
18:23	Silas Kipruto	Grand Pra TX/KENYA	2019
18:24*	Matt Wegenka	Springfield MO	1995

18:24	Kipruto Rotich	Columbia MO/KENYA	2009
18:25	Mark Curp	LS MO	1994
18:25	Mark Curp	LS MO	1995
18:25	Peter Tanui	Denver CO/KENYA	2004
18:25	Peter Matelong	Kennesaw GA/KENYA	2009
18:26	Tim Gundy	Burrton KS	1994
18:27	Paul Hefferon	Lawrence KS	2009
18:28	Keith Matiskella	Ft Leonard Wood MO	1996
18:28	Haron Lagat	Santa Fe NM/KENYA	2008
18:29	Daniel Muriuki Mbogo	Alb NM/KENYA	2009
18:31	Matt Wegenka	Springfield MO	1999
18:31	John Wanjiku	KENYA	2016
18:32	Sammy Rotick	Clive IA/KENYA	2019
18:33	Shadrack Kimeli	Fayetteville AR/KEN	2003
18:34	John Kihonge	Ames IA/KENYA	1996
18:34	Carlos Paradelo	Tempe AZ	1999
18:34	Jason Hubbard	CO	2000
18:34	Matt Wegenka	Springfield MO	2000
18:34	Joe Moore	Manhattan KS	2016
18:34	Sammy Rotich	Des Moines IA/KEN	2016
18:34	Kenneth Rotich	KENYA	2016
18:35	Mark Curp	LS MO	1993
18:35	Joe Moore	Manhattan KS	2014
18:35	Justus David	NA	2016
18:36	Leszek Stoklosa	Romeoville IL/POL	1995
18:36	Reuben Reina	Fayetteville AR	1999
18:36	John Kariuki	Homewood IL/KENYA	2002
18:36	Richard Kandie	Coon Rapids MN/KEN	2010
18:37	Christian Reed	Columbia MO	1996
18:37	Teddy Mitchell	Boulder CO	2001
18:37	Mathew Chesang	Olathe KS/KENYA	2008
18:38	Peter Boes	Boulder CO	1995
18:38	Esau Ambakwa	Coon Rapids MN/KEN	2018
18:39	Ryan Clive-Smith	Manhattan KS	1994
18:39	Wayne Strohman	Wichita KS	1996
18:39	Teddy Mitchell	Fayetteville AR	2005
18:39	Vincent Topiwo	Lenexa KS/KENYA	2006
18:39	Sammy Kiplagat	KENYA	2013
18:39	Edward Tabut	NA	2016
18:40	Tim Gundy	Burrton KS	1995
18:40	Matthew Chesang	Olathe KS/KENYA	2009
18:40	Yonas Mebrahtu	NA	2016
18:40	Daniel Kemoi	Coon Rapids MN/KEN	2019
18:41	Matt Wegenka	Springfield MO	1991
18:41	Christian Reed	Columbia MO	1995
18:41	Eliasa Tanui	Warrensburg MO/KEN	1999
18:41	Daniel Kinyua	Ames IA/KENYA	2002
18:41	Brian Jensen	Lawrence KS/DEN	2001
18:41	James Strang	Fayetteville AR	2011
18:43	David Johnston	Lawrence KS	1997
18:43	Theo Martin	Colorado Springs CO	2000
18:43	Peter De La Cerda	Alamosa CO	2002
18:43	Mathew Chesang	Manhattan KS/KENYA	2006
18:44	Tim Schmid	KC MO	1995

18:44	Matt Wegenka	Springfield MO	1998
18:44	Jason Woolhouse	Lawrence KS/NZ	2005
18:45	Eddie Hellebuyck	Albuquerque NM/BEL	1995
18:45	Wayne Strohman	Pittsburg KS	1995
18:45	Teddy Mitchell	Albuquerque NM	2004
18:46	Tim Schmid	KC MO	1994
18:46	Todd Beran	Warrensburg MO	1997
18:46	Cleophas Boor	Lincoln NE/KENYA	1999
18:47	Mark Curp	LS MO	1996
18:47	Jason Hubbard	Rochester Hills MI	2002
18:48	Peter de la Cerda	Alamosa CO	2003
18:48	Ben Rosario	St Louis MO	2006
18:48	Mathew Chesang	Olathe KS/KENYA	2007
18:48	Emmanuel Bor	Tuscaloosa AL/KEN	2012
18:48	Phillip Miller	NA	2016
18:49	Robert Wambua	Coon Rapids MN/KEN	2012
18:49	Julius Bon	Alabama/KEN	2012
18:49	Benson Chesang	Lawrence KS/KEN	2012
18:49	Charlie Gray	LS MO	1990
18:49	Mark Curp	LS MO	1997
18:49	Carlos Paradelo	Phoenix AZ	2001
18:50	Brian Lyons	St Louis MO	2007
18:50	Elijah Kiptoo	Mnpls MN/KENYA	2019
18:51	Nephi Tyler	NA	2007
18:51	Paul Hefferon	KC KS	2010
18:52	David Tuwei	Coon Rapids MN/KEN	2012
18:52	Charlie Gray	LS MO	1994
18:52	Matt Wegenka	Springfield MO	2001
18:53	Tim Schmid	KC MO	1996
18:53	Kibet Cherop	SanFranciscoCA/KEN	1999
18:53	Eric Chirchir	KENYA	2013
18:54	Michael Smith	Manhattan KS	1996
18:54	Jonah Melly	Warrensburg MO	1996
18:54	Teddy Mitchell	Fayetteville AR	1998
18:55	Charlie Gray	LS MO	1991
18:55	Brian Jensen	Lawrence KS/DEN	2000
18:56	Toby Freebourn	Columbia MO	1994
18:56	Todd Beran	Warrensburg MO	1996
18:58	Harald Graham	Lincoln NE	1996
18:58	Phil Hudnall	KC MO	1998
18:59	Wayne Strohman	Wichita KS	1997
18:59	Teddy Mitchell	Albuquerque NM	2006
19:00	Adam Batliner	Boulder CO	2002

World Best:

17:24 Josphat Machuka KENYA 1995 Steamboat

American Best?:

17:27 Ryan Wilson FayettevilleAR 1998 MFTR

American Record?:

17:39 Gerard Donakowski Ann Arbor MI 1986 Stmbt

Missouri Resident Best

18:24 Matt Wegenka Springfield MO 1995 MFTR

MALE TROLLEY RUN AGE GROUP RECORDS (Chip Times)

10 & Under	Blake Burau	10	Lee's Summit MO	25:59	2007
11-12	Tyler Roark	12	Broken Arrow OK	22:31	1997
	Spencer Anders	12	KC MO	24:35	2003
13-15	Steve Fein	13-4	Lenexa KS	21:44	1991
	Hunter Long	14	Platte City MO	22:43	2013
16-19	John Wanjiku	19?	KENYA	18:31	2016
	Kory Cool	19	Manhattan KS	19:50	2006
	Luke Abouhalkah	19	KC MO	20:50	2012
	Jeff Bachmann	19	MO?	20:00	2014
OPEN	Ryan Wilson	23	Fayetteville AR	17:27	1998
	Matt Wegenka	30	Springfield MO	18:24	1995
35-39	John Treacy	37	Ireland	18:22	1995
	Mark Curp	35	Lee's Summit MO	18:25	1994
40-44	Sammy Kiplagat-Ch	40	Flagstaff AZ/KEN	18:18	2014
	Mark Curp	40	Lee's Summit MO	19:13	1999
45-49	Mark Curp	45	Lee's Summit MO	19:59	2004
50-54	Charlie Gray	50	Lee's Summit MO	21:20	2005
55-59	Rick Hogan	55	KC MO	22:22	2000
60-64	Dick Wilson	61	Lawrence KS	23:29	1993
	Bobby Kincaid	60	Farley MO	24:39	1998
	John Blaser	NA	NA	24:35	2018
65-69	Paul Heitzman	65	Eudora KS	23:45	1996
	Paul Heitzman	69	Eudora KS	23:45	2000
	Lou Joline	65	Lake Lotawana MO	25:45	1998
70-74	Paul Heitzman	72	Eudora KS	25:24	2003
	Charles Mabry	70	Springfield MO	29:25	2014
75-79	Delbert Camp	75	Griggsville IL	31:41	2007
	Arnold Mueller	76	Chesterfield MO	34:29	2007
80-84	Arnold Mueller	81	Chesterfield MO	42:10	2012
85-89	Ed Burnham	86	KC MO	52:54	2006
90+	Ed Burnham	91	Loch Lloyd MO	74:24	2011

FEMALE TROLLEY RUN AGE GROUP RECORDS:

10 & Under	Audrey Smith	10	Blue Springs MO	26:23	2012
11-12	Audrey Smith	12	Blue Springs MO	23:54	2014
13-15	Caroline O'Keefe	13	PV KS	23:29	2007
	Megan Yohe	14	Liberty MO	26:55	2007
	Aiden McQueen	NA	NA	26:40	2018
16-19	Amy Wiseman	19	Lee's Summit MO	21:51	1998
OPEN	Emily Chebet	21	Santa Fe NM/KENYA	19:33	2007
	Elva Dryer	NA	Albuquerque NM	19:41	2001
	Vicki Mitchell	29	KC MO	20:33	1999
35-39	Cindy James	37	Homewood IL	20:57	1997
	Melissa Todd	36	KC MO	21:05	2011

40-44	Deb Tornadoen	40	Wichita KS	21:49	2001
	Beverly Thomas	40	KC MO	22:46	1997
45-49	Michelle Andrew	45	Topeka KS	23:46	2018
	Barb Rinne	48	Lee's Summit MO	24:16	2009
50-54	Jane Hutchison	50	Webb City MO	23:12	1996
55-59	Joann Heap	55	KC MO	26:17	2008
60-64	Joann Heap	60	KC MO	28:06	2013
65-69	Sheryl Drevo	65	Goddard KS	32:27	2010
	Pat Brayman	67	KC MO	33:47	2008
70-74	Pat Brayman	70	KC MO	34:16	2011
75-79	Ann Nelson	75	Fairway KS	39:42	2011
80-84	Ann Nelson	80	Fairway KS	42:37	2016
	Mary Otte	82	KC MO	51:41	2007
85-89	Dottie Gray	85	Shrewsbury MO	54:42	2011
90+	Cleta Gregg	93	Lee's Summit MO	69:04	2009